
































Albany, NY - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:40	5.8	2:03	5.0	8:43	0.0	8:53	-0.2	5:21	8:36	
2	Mon	2:31	5.9	2:56	4.9	9:39	-0.2	9:43	-0.1	5:21	8:36	
3	Tue	3:19	6.0	3:46	4.9	10:31	-0.3	10:30	0.0	5:22	8:36	
4	Wed	4:03	5.9	4:33	4.9	11:19	-0.3	11:15	0.1	5:22	8:36	
5	Thu	4:45	5.8	5:19	4.8			12:05	-0.3	5:23	8:35	
6	Fri	5:25	5.7	6:04	4.6			12:48	-0.2	5:24	8:35	
7	Sat	6:04	5.5	6:50	4.5	12:38	0.4	1:28	-0.1	5:24	8:35	
8	Sun	6:40	5.4	7:35	4.5	1:17	0.6	2:07	0.0	5:25	8:34	
9	Mon	7:15	5.2	8:19	4.4	1:55	0.7	2:44	0.1	5:26	8:34	
10	Tue	7:46	5.1	9:03	4.5	2:33	0.8	3:19	0.2	5:26	8:33	
11	Wed	8:17	4.9	9:44	4.5	3:15	0.9	3:53	0.2	5:27	8:33	
12	Thu	8:58	4.7	10:24	4.6	4:05	0.9	4:27	0.2	5:28	8:32	
13	Fri	9:50	4.5	11:05	4.7	5:05	1.0	5:06	0.3	5:29	8:32	
14	Sat	10:59	4.2	11:52	4.8	6:13	1.0	5:54	0.4	5:30	8:31	
15	Sun			12:21	4.0	7:20	0.9	6:52	0.4	5:30	8:31	
16	Mon	12:45	5.0	1:28	4.0	8:23	0.7	7:55	0.4	5:31	8:30	
17	Tue	1:38	5.1	2:27	4.0	9:22	0.4	8:58	0.4	5:32	8:29	
18	Wed	2:29	5.3	3:20	4.1	10:18	0.1	9:58	0.2	5:33	8:28	
19	Thu	3:17	5.5	4:10	4.3	11:10	-0.2	10:54	0.1	5:34	8:28	
20	Fri	4:04	5.6	4:59	4.4			12:00	-0.5	5:35	8:27	
21	Sat	4:53	5.7	5:49	4.5			12:48	-0.6	5:36	8:26	
22	Sun	5:44	5.6	6:42	4.6	12:41	-0.2	1:36	-0.7	5:37	8:25	
23	Mon	6:41	5.5	7:37	4.8	1:34	-0.2	2:24	-0.8	5:38	8:24	
24	Tue	7:41	5.4	8:34	4.9	2:28	-0.3	3:13	-0.8	5:39	8:23	
25	Wed	8:43	5.2	9:30	5.0	3:23	-0.2	4:02	-0.7	5:40	8:22	
26	Thu	9:44	5.0	10:26	5.2	4:21	-0.2	4:52	-0.6	5:41	8:21	
27	Fri	10:45	4.8	11:22	5.2	5:21	-0.1	5:44	-0.5	5:42	8:20	
28	Sat	11:44	4.6			6:22	-0.1	6:37	-0.4	5:43	8:19	
29	Sun	12:18	5.3	12:43	4.5	7:22	-0.1	7:31	-0.3	5:44	8:18	
30	Mon	1:14	5.3	1:41	4.5	8:21	-0.2	8:24	-0.3	5:45	8:17	
31	Tue	2:07	5.4	2:35	4.5	9:16	-0.4	9:16	-0.2	5:46	8:16	