



Albany, NY - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:30	5.8	6:48	4.4	12:26	0.6	1:37	0.0	5:20	8:36	☀
2	Wed	6:03	5.8	7:28	4.5	1:09	0.5	2:18	0.0	5:21	8:36	☀
3	Thu	6:46	5.7	8:11	4.6	1:54	0.5	2:59	0.0	5:21	8:36	☀
4	Fri	7:35	5.6	8:57	4.8	2:43	0.5	3:42	0.0	5:22	8:36	☀
5	Sat	8:29	5.4	9:47	5.0	3:37	0.6	4:28	0.0	5:23	8:35	☀
6	Sun	9:30	5.2	10:41	5.2	4:39	0.6	5:17	0.0	5:23	8:35	☀
7	Mon	10:39	4.9	11:39	5.3	5:46	0.6	6:10	0.1	5:24	8:35	☀
8	Tue	11:55	4.7			6:54	0.6	7:06	0.1	5:25	8:34	☀
9	Wed	12:38	5.4	1:05	4.5	8:00	0.4	8:04	0.1	5:25	8:34	☀
10	Thu	1:36	5.6	2:08	4.5	9:03	0.2	9:02	0.1	5:26	8:34	☀
11	Fri	2:31	5.7	3:07	4.5	10:02	-0.1	9:59	0.0	5:27	8:33	☀
12	Sat	3:24	5.8	4:01	4.6	10:57	-0.3	10:53	0.0	5:28	8:33	☀
13	Sun	4:14	5.8	4:54	4.6	11:49	-0.4	11:45	0.0	5:28	8:32	☀
14	Mon	5:04	5.7	5:46	4.6			12:39	-0.5	5:29	8:32	☀
15	Tue	5:54	5.5	6:38	4.5	12:36	0.0	1:26	-0.4	5:30	8:31	☀
16	Wed	6:45	5.3	7:32	4.5	1:25	0.1	2:12	-0.4	5:31	8:30	☀
17	Thu	7:37	5.1	8:25	4.6	2:14	0.3	2:57	-0.3	5:32	8:30	☀
18	Fri	8:31	4.9	9:18	4.6	3:04	0.4	3:41	-0.1	5:33	8:29	☀
19	Sat	9:24	4.7	10:09	4.6	3:55	0.6	4:23	0.0	5:33	8:28	☀
20	Sun	10:17	4.5	10:59	4.7	4:48	0.7	5:06	0.1	5:34	8:27	☀
21	Mon	11:12	4.3	11:50	4.8	5:44	0.8	5:49	0.3	5:35	8:27	☀
22	Tue			12:08	4.1	6:42	0.7	6:34	0.4	5:36	8:26	☀
23	Wed	12:40	4.8	1:04	4.0	7:40	0.6	7:22	0.5	5:37	8:25	☀
24	Thu	1:30	4.9	1:59	3.9	8:35	0.4	8:11	0.5	5:38	8:24	☀
25	Fri	2:17	5.0	2:51	3.9	9:28	0.2	9:02	0.4	5:39	8:23	☀
26	Sat	3:01	5.1	3:39	4.0	10:18	-0.1	9:51	0.4	5:40	8:22	☀
27	Sun	3:41	5.2	4:22	4.1	11:04	-0.3	10:39	0.3	5:41	8:21	☀
28	Mon	4:16	5.3	5:04	4.1	11:48	-0.4	11:26	0.1	5:42	8:20	☀
29	Tue	4:48	5.4	5:43	4.2			12:30	-0.5	5:43	8:19	☀
30	Wed	5:19	5.4	6:21	4.3	12:12	0.1	1:11	-0.5	5:44	8:18	☀
31	Thu	5:55	5.4	7:00	4.5	12:58	0.0	1:51	-0.5	5:45	8:17	☀