

































Albany, NY - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:43	4.8	11:01	5.0	5:10	0.1	5:24	0.5	7:05	4:22	
2	Tue	11:39	5.0	11:57	5.0	6:02	0.1	6:23	0.4	7:06	4:22	
3	Wed			12:33	5.2	6:52	0.1	7:20	0.4	7:07	4:22	
4	Thu	12:50	5.0	1:23	5.3	7:39	0.0	8:14	0.2	7:08	4:21	
5	Fri	1:40	4.9	2:08	5.5	8:24	0.1	9:04	0.1	7:09	4:21	
6	Sat	2:26	4.9	2:49	5.5	9:06	0.1	9:52	0.1	7:10	4:21	
7	Sun	3:11	4.8	3:27	5.6	9:45	0.2	10:37	0.0	7:11	4:21	
8	Mon	3:54	4.7	4:02	5.5	10:22	0.3	11:20	0.0	7:12	4:21	
9	Tue	4:35	4.5	4:31	5.5	10:57	0.4			7:13	4:21	
10	Wed	5:17	4.4	4:52	5.4	12:02	0.1	11:32 AM	0.4	7:13	4:21	
11	Thu	5:58	4.3	5:13	5.4	12:43	0.2	12:07	0.5	7:14	4:21	
12	Fri	6:39	4.2	5:48	5.5	1:25	0.2	12:46	0.5	7:15	4:21	
13	Sat	7:20	4.3	6:32	5.4	2:06	0.3	1:29	0.5	7:16	4:21	
14	Sun	8:03	4.3	7:23	5.4	2:49	0.3	2:18	0.6	7:17	4:21	
15	Mon	8:50	4.5	8:18	5.2	3:35	0.3	3:16	0.6	7:17	4:22	
16	Tue	9:41	4.6	9:22	5.1	4:23	0.3	4:22	0.7	7:18	4:22	
17	Wed	10:37	4.8	10:35	4.9	5:14	0.3	5:33	0.7	7:19	4:22	
18	Thu	11:33	5.0	11:49	4.8	6:08	0.2	6:42	0.6	7:19	4:23	
19	Fri			12:29	5.3	7:02	0.1	7:47	0.4	7:20	4:23	
20	Sat	12:54	4.8	1:21	5.5	7:57	0.1	8:48	0.2	7:21	4:23	
21	Sun	1:52	4.8	2:12	5.7	8:51	0.0	9:45	-0.1	7:21	4:24	
22	Mon	2:46	4.8	3:01	5.8	9:45	-0.1	10:40	-0.2	7:22	4:24	
23	Tue	3:38	4.8	3:51	5.8	10:37	-0.1	11:32	-0.3	7:22	4:25	
24	Wed	4:31	4.7	4:42	5.7	11:29	-0.1			7:23	4:25	
25	Thu	5:26	4.6	5:38	5.5	12:23	-0.3	12:21	-0.1	7:23	4:26	
26	Fri	6:24	4.6	6:37	5.3	1:14	-0.2	1:13	0.0	7:23	4:27	
27	Sat	7:22	4.6	7:38	5.2	2:04	-0.1	2:07	0.1	7:24	4:27	
28	Sun	8:21	4.6	8:36	5.0	2:54	0.0	3:02	0.3	7:24	4:28	
29	Mon	9:17	4.7	9:33	4.9	3:44	0.0	3:58	0.4	7:24	4:29	
30	Tue	10:12	4.8	10:29	4.8	4:33	0.1	4:56	0.5	7:24	4:30	
31	Wed	11:06	4.9	11:23	4.7	5:22	0.2	5:54	0.5	7:24	4:30	