

































Albany, NY - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:07	4.5	12:14	5.1	6:08	1.3	7:30	0.9	6:29	5:44	
2	Tue	1:00	4.6	1:07	5.2	7:08	1.2	8:22	0.7	6:27	5:46	
3	Wed	1:50	4.7	1:55	5.3	8:05	1.0	9:09	0.6	6:26	5:47	
4	Thu	2:35	4.9	2:37	5.5	8:57	0.8	9:53	0.5	6:24	5:48	
5	Fri	3:15	5.1	3:15	5.6	9:47	0.6	10:35	0.4	6:22	5:49	
6	Sat	3:51	5.3	3:50	5.6	10:35	0.5	11:15	0.4	6:21	5:51	
7	Sun	4:25	5.5	4:25	5.7	11:22	0.4	11:54	0.4	6:19	5:52	
8	Mon	4:57	5.7	5:03	5.6			12:09	0.4	6:17	5:53	
9	Tue	5:31	5.9	5:48	5.5	12:33	0.4	12:57	0.4	6:16	5:54	
10	Wed	6:11	6.0	6:40	5.4	1:12	0.5	1:49	0.5	6:14	5:55	
11	Thu	6:58	6.0	7:41	5.2	1:55	0.6	2:45	0.7	6:12	5:57	
12	Fri	7:52	6.0	8:49	5.0	2:44	0.8	3:46	0.8	6:10	5:58	
13	Sat	8:56	5.8	10:00	4.9	3:42	0.9	4:50	0.9	6:09	5:59	
14	Sun	10:10	5.6	11:09	4.9	4:48	1.0	5:54	0.9	6:07	6:00	
15	Mon	11:24	5.6			5:55	1.0	6:56	0.8	6:05	6:01	
16	Tue	12:14	5.0	12:33	5.6	7:00	0.9	7:55	0.6	6:04	6:02	
17	Wed	1:13	5.3	1:34	5.8	8:01	0.6	8:49	0.4	6:02	6:04	
18	Thu	2:08	5.6	2:28	5.9	8:58	0.4	9:38	0.2	6:00	6:05	
19	Fri	2:57	5.8	3:16	6.0	9:50	0.3	10:24	0.2	5:58	6:06	
20	Sat	3:44	5.9	4:02	6.0	10:39	0.2	11:07	0.3	5:57	6:07	
21	Sun	4:27	6.0	4:46	5.9	11:26	0.3	11:46	0.4	5:55	6:08	
22	Mon	5:10	6.0	5:30	5.7			12:11	0.5	5:53	6:09	
23	Tue	5:51	5.9	6:16	5.5	12:24	0.6	12:55	0.7	5:51	6:11	
24	Wed	6:31	5.9	7:03	5.3	12:58	0.9	1:40	0.9	5:50	6:12	
25	Thu	7:09	5.8	7:53	5.1	1:30	1.1	2:25	1.1	5:48	6:13	
26	Fri	7:45	5.7	8:45	4.9	1:58	1.3	3:13	1.2	5:46	6:14	
27	Sat	8:19	5.6	9:39	4.8	2:29	1.5	4:05	1.4	5:44	6:15	
28	Sun	8:58	5.5	10:35	4.8	3:11	1.6	5:00	1.4	5:43	6:16	
29	Mon	10:04	5.4	11:32	4.8	4:10	1.7	5:56	1.4	5:41	6:17	
30	Tue	11:19	5.3			5:22	1.8	6:51	1.3	5:39	6:19	
31	Wed	12:26	4.9	12:22	5.4	6:32	1.7	7:43	1.2	5:37	6:20	