



























Albany, NY - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:31	5.9	4:15	4.5	11:18	0.0	11:09	0.3	5:21	8:36	
2	Fri	4:22	6.0	5:09	4.5			12:10	-0.2	5:21	8:36	
3	Sat	5:14	5.9	6:04	4.6	12:03	0.2	1:01	-0.3	5:22	8:36	
4	Sun	6:09	5.8	7:01	4.6	12:56	0.2	1:51	-0.3	5:22	8:36	
5	Mon	7:07	5.6	7:59	4.7	1:50	0.2	2:40	-0.3	5:23	8:35	
6	Tue	8:08	5.4	8:57	4.8	2:44	0.2	3:29	-0.3	5:24	8:35	
7	Wed	9:07	5.2	9:54	4.9	3:39	0.3	4:17	-0.2	5:24	8:35	
8	Thu	10:05	5.0	10:48	5.0	4:36	0.4	5:06	-0.2	5:25	8:34	
9	Fri	11:01	4.8	11:42	5.1	5:34	0.4	5:54	-0.1	5:26	8:34	
10	Sat	11:58	4.6			6:33	0.4	6:43	0.0	5:27	8:33	
11	Sun	12:35	5.2	12:53	4.5	7:31	0.4	7:31	0.2	5:27	8:33	
12	Mon	1:26	5.3	1:48	4.4	8:27	0.2	8:19	0.2	5:28	8:32	
13	Tue	2:15	5.4	2:40	4.4	9:20	0.1	9:06	0.3	5:29	8:32	
14	Wed	3:00	5.5	3:29	4.4	10:10	-0.1	9:51	0.3	5:30	8:31	
15	Thu	3:42	5.5	4:15	4.4	10:56	-0.2	10:34	0.4	5:31	8:30	
16	Fri	4:20	5.5	4:59	4.3	11:39	-0.3	11:16	0.4	5:31	8:30	
17	Sat	4:55	5.4	5:40	4.3			12:20	-0.3	5:32	8:29	
18	Sun	5:24	5.4	6:19	4.3			12:59	-0.3	5:33	8:28	
19	Mon	5:48	5.3	6:57	4.3	12:35	0.3	1:37	-0.3	5:34	8:28	
20	Tue	6:14	5.3	7:32	4.4	1:15	0.3	2:13	-0.2	5:35	8:27	
21	Wed	6:51	5.3	8:05	4.6	1:57	0.3	2:48	-0.2	5:36	8:26	
22	Thu	7:34	5.2	8:39	4.8	2:42	0.4	3:24	-0.2	5:37	8:25	
23	Fri	8:22	5.0	9:21	4.9	3:32	0.5	4:01	-0.1	5:38	8:24	
24	Sat	9:16	4.7	10:10	5.1	4:32	0.6	4:43	0.0	5:39	8:23	
25	Sun	10:17	4.4	11:07	5.1	5:42	0.7	5:34	0.1	5:40	8:22	
26	Mon	11:35	4.1			6:54	0.6	6:39	0.2	5:41	8:21	
27	Tue	12:12	5.2	12:57	3.9	8:02	0.5	7:48	0.2	5:42	8:20	
28	Wed	1:19	5.2	2:06	4.0	9:06	0.2	8:55	0.2	5:43	8:19	
29	Thu	2:22	5.3	3:07	4.1	10:05	-0.1	9:57	0.0	5:44	8:18	
30	Fri	3:19	5.4	4:02	4.2	11:00	-0.4	10:54	-0.1	5:45	8:17	
31	Sat	4:14	5.5	4:55	4.4	11:51	-0.6	11:49	-0.3	5:46	8:16	