
































Albany, NY - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:05	4.4	6:48	5.2	1:45	0.5	1:09	0.7	6:29	4:47	
2	Tue	7:56	4.3	7:19	5.1	2:31	0.6	1:41	0.8	6:30	4:46	
3	Wed	8:48	4.2	7:57	5.0	3:18	0.7	2:21	0.9	6:32	4:45	
4	Thu	9:41	4.2	8:51	4.9	4:07	0.8	3:14	1.0	6:33	4:43	
5	Fri	10:34	4.2	10:08	4.8	4:58	0.8	4:19	1.1	6:34	4:42	
6	Sat	11:27	4.3	11:17	4.8	5:49	0.7	5:31	1.1	6:35	4:41	
7	Sun			12:18	4.6	6:39	0.6	6:38	1.0	6:37	4:40	
8	Mon	12:17	4.8	1:04	4.8	7:27	0.5	7:41	0.8	6:38	4:39	
9	Tue	1:09	4.8	1:47	5.1	8:13	0.3	8:39	0.6	6:39	4:38	
10	Wed	1:56	4.9	2:25	5.4	8:58	0.2	9:33	0.4	6:40	4:37	
11	Thu	2:39	4.9	3:00	5.7	9:42	0.2	10:26	0.2	6:42	4:36	
12	Fri	3:22	4.9	3:36	5.9	10:26	0.1	11:17	0.1	6:43	4:35	
13	Sat	4:06	4.8	4:14	6.0	11:12	0.2			6:44	4:34	
14	Sun	4:54	4.7	4:59	5.9	12:08	0.1	11:59 AM	0.2	6:45	4:33	
15	Mon	5:50	4.6	5:51	5.8	1:00	0.1	12:50	0.3	6:47	4:32	
16	Tue	6:53	4.5	6:54	5.6	1:54	0.2	1:44	0.3	6:48	4:31	
17	Wed	7:59	4.5	8:06	5.4	2:49	0.2	2:44	0.4	6:49	4:30	
18	Thu	9:03	4.6	9:17	5.3	3:45	0.2	3:46	0.4	6:50	4:29	
19	Fri	10:06	4.7	10:24	5.2	4:42	0.2	4:49	0.4	6:52	4:28	
20	Sat	11:07	4.9	11:26	5.2	5:38	0.1	5:52	0.3	6:53	4:28	
21	Sun			12:05	5.1	6:32	0.0	6:53	0.2	6:54	4:27	
22	Mon	12:24	5.2	12:59	5.4	7:24	-0.2	7:51	0.0	6:55	4:26	
23	Tue	1:18	5.2	1:49	5.6	8:12	-0.2	8:46	-0.1	6:56	4:26	
24	Wed	2:07	5.2	2:35	5.7	8:58	-0.2	9:37	-0.1	6:58	4:25	
25	Thu	2:54	5.1	3:17	5.8	9:41	-0.1	10:25	-0.1	6:59	4:25	
26	Fri	3:39	5.0	3:56	5.7	10:22	0.0	11:11	-0.1	7:00	4:24	
27	Sat	4:23	4.9	4:33	5.6	11:00	0.2	11:54	0.1	7:01	4:24	
28	Sun	5:07	4.7	5:08	5.5	11:35	0.4			7:02	4:23	
29	Mon	5:52	4.5	5:39	5.3	12:37	0.2	12:08	0.6	7:03	4:23	
30	Tue	6:38	4.4	6:05	5.3	1:18	0.3	12:40	0.7	7:04	4:22	