

































## Albany, NY - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:06	5.8	7:35	4.9	1:56	0.6	2:55	0.9	6:29	5:44	
2	Wed	7:53	5.8	8:37	4.7	2:37	0.7	3:57	1.0	6:28	5:45	
3	Thu	8:49	5.7	9:58	4.5	3:32	0.9	5:05	1.1	6:26	5:47	
4	Fri	9:58	5.5	11:17	4.5	4:45	1.0	6:12	1.0	6:24	5:48	
5	Sat	11:23	5.4			6:02	1.0	7:15	0.9	6:23	5:49	
6	Sun	12:26	4.7	12:39	5.5	7:12	0.9	8:14	0.6	6:21	5:50	
7	Mon	1:26	4.9	1:43	5.7	8:16	0.6	9:08	0.4	6:19	5:51	
8	Tue	2:21	5.3	2:39	5.9	9:14	0.3	9:59	0.2	6:18	5:53	
9	Wed	3:11	5.5	3:30	6.0	10:08	0.1	10:46	0.0	6:16	5:54	
10	Thu	3:59	5.7	4:19	6.0	10:59	0.0	11:31	0.0	6:14	5:55	
11	Fri	4:45	5.9	5:07	5.9	11:49	0.0			6:13	5:56	
12	Sat	5:32	5.9	5:57	5.7	12:14	0.1	12:38	0.1	6:11	5:57	
13	Sun	6:19	5.9	6:48	5.5	12:55	0.3	1:27	0.3	6:09	5:59	
14	Mon	7:07	5.8	7:41	5.3	1:37	0.6	2:18	0.6	6:07	6:00	
15	Tue	7:56	5.7	8:36	5.1	2:18	0.8	3:10	0.8	6:06	6:01	
16	Wed	8:47	5.5	9:31	5.0	3:01	1.1	4:04	1.0	6:04	6:02	
17	Thu	9:40	5.4	10:28	4.9	3:48	1.3	5:00	1.1	6:02	6:03	
18	Fri	10:37	5.3	11:26	4.9	4:41	1.5	5:56	1.2	6:00	6:04	
19	Sat	11:36	5.2			5:39	1.6	6:51	1.1	5:59	6:06	
20	Sun	12:22	5.0	12:33	5.3	6:37	1.6	7:42	1.0	5:57	6:07	
21	Mon	1:14	5.1	1:26	5.4	7:33	1.4	8:30	0.9	5:55	6:08	
22	Tue	2:02	5.3	2:12	5.5	8:26	1.2	9:14	0.8	5:53	6:09	
23	Wed	2:45	5.5	2:53	5.5	9:15	1.0	9:54	0.7	5:52	6:10	
24	Thu	3:23	5.7	3:30	5.6	10:02	0.9	10:32	0.7	5:50	6:11	
25	Fri	3:57	5.8	4:02	5.5	10:47	0.8	11:08	0.7	5:48	6:13	
26	Sat	4:26	6.0	4:33	5.5	11:32	0.8	11:43	0.8	5:46	6:14	
27	Sun	4:50	6.1	5:05	5.4			12:16	0.8	5:45	6:15	
28	Mon	5:17	6.3	5:44	5.3	12:17	0.9	1:03	0.9	5:43	6:16	
29	Tue	5:53	6.4	6:32	5.2	12:54	1.0	1:53	1.0	5:41	6:17	
30	Wed	6:38	6.4	7:32	5.1	1:34	1.1	2:47	1.1	5:39	6:18	
31	Thu	7:30	6.2	8:44	5.0	2:25	1.2	3:47	1.2	5:38	6:19	