

































## Albany, NY - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:52	4.4	4:54	5.7	11:46	-0.1			7:25	4:32	
2	Mon	5:43	4.5	5:50	5.6	12:43	-0.2	12:38	-0.1	7:25	4:33	
3	Tue	6:39	4.6	6:50	5.5	1:31	-0.3	1:31	-0.2	7:25	4:33	
4	Wed	7:35	4.8	7:51	5.4	2:19	-0.3	2:27	-0.1	7:25	4:34	
5	Thu	8:32	4.9	8:52	5.3	3:08	-0.3	3:25	-0.1	7:25	4:35	
6	Fri	9:29	5.1	9:51	5.1	3:58	-0.3	4:25	0.0	7:24	4:36	
7	Sat	10:25	5.2	10:50	4.9	4:49	-0.2	5:27	0.0	7:24	4:37	
8	Sun	11:22	5.3	11:49	4.8	5:42	-0.1	6:28	0.0	7:24	4:38	
9	Mon			12:18	5.3	6:36	-0.1	7:28	0.0	7:24	4:39	
10	Tue	12:46	4.7	1:12	5.3	7:29	0.0	8:25	-0.1	7:24	4:41	
11	Wed	1:40	4.7	2:02	5.3	8:22	0.1	9:19	-0.1	7:23	4:42	
12	Thu	2:31	4.7	2:49	5.3	9:12	0.1	10:08	-0.2	7:23	4:43	
13	Fri	3:19	4.7	3:33	5.3	9:58	0.2	10:54	-0.1	7:23	4:44	
14	Sat	4:05	4.7	4:14	5.2	10:42	0.3	11:37	-0.1	7:22	4:45	
15	Sun	4:50	4.6	4:53	5.1	11:23	0.4			7:22	4:46	
16	Mon	5:35	4.5	5:30	5.0	12:17	0.1	12:02	0.5	7:21	4:47	
17	Tue	6:18	4.5	6:06	4.9	12:55	0.2	12:40	0.6	7:21	4:49	
18	Wed	7:00	4.5	6:38	4.8	1:31	0.3	1:19	0.7	7:20	4:50	
19	Thu	7:40	4.5	7:09	4.7	2:04	0.3	2:00	0.7	7:20	4:51	
20	Fri	8:17	4.6	7:48	4.5	2:35	0.4	2:47	0.8	7:19	4:52	
21	Sat	8:51	4.7	8:36	4.3	3:06	0.4	3:44	0.9	7:18	4:53	
22	Sun	9:26	4.8	9:40	4.1	3:42	0.5	4:50	1.0	7:17	4:55	
23	Mon	10:13	4.9	11:04	3.9	4:30	0.6	5:59	1.0	7:17	4:56	
24	Tue	11:14	5.0			5:31	0.7	7:05	0.8	7:16	4:57	
25	Wed	12:14	3.9	12:18	5.1	6:40	0.7	8:06	0.6	7:15	4:59	
26	Thu	1:15	4.0	1:18	5.2	7:47	0.6	9:02	0.4	7:14	5:00	
27	Fri	2:08	4.2	2:12	5.4	8:49	0.4	9:54	0.1	7:13	5:01	
28	Sat	2:58	4.4	3:03	5.6	9:46	0.2	10:44	-0.1	7:12	5:02	
29	Sun	3:45	4.6	3:54	5.7	10:39	-0.1	11:32	-0.2	7:12	5:04	
30	Mon	4:33	4.8	4:45	5.7	11:32	-0.2			7:11	5:05	
31	Tue	5:23	4.9	5:39	5.7	12:18	-0.3	12:23	-0.3	7:10	5:06	