US HARBORS www.USHarbors.com

Albany, NY - May 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:25**	6.2	**8:21**	5.3	**2:02**	1.3	**3:03**	0.9	5:49	7:54	
2	Tue	**8:18**	5.9	**9:19**	5.3	**2:48**	1.5	**3:55**	1.1	5:47	7:56	
3	Wed	**9:16**	5.7	**10:16**	5.2	**3:38**	1.7	**4:47**	1.2	5:46	7:57	
4	Thu	**10:16**	5.5	**11:13**	5.3	**4:33**	1.9	**5:40**	1.3	5:45	7:58	
5	Fri	**11:17**	5.3			**5:31**	2.0	**6:31**	1.3	5:43	7:59	
6	Sat	**12:09**	5.4	**12:16**	5.3	**6:31**	2.0	**7:21**	1.3	5:42	8:00	
7	Sun	**1:02**	5.5	**1:12**	5.3	**7:29**	1.8	**8:08**	1.2	5:41	8:01	
8	Mon	**1:52**	5.7	**2:05**	5.3	**8:26**	1.7	**8:52**	1.1	5:40	8:02	
9	Tue	**2:38**	6.0	**2:52**	5.3	**9:19**	1.4	**9:34**	1.1	5:39	8:03	
10	Wed	**3:19**	6.2	**3:36**	5.2	**10:09**	1.2	**10:13**	1.1	5:37	8:04	
11	Thu	**3:56**	6.3	**4:16**	5.2	**10:56**	1.0	**10:51**	1.1	5:36	8:05	
12	Fri	**4:27**	6.4	**4:55**	5.1	**11:42**	0.9	**11:29**	1.2	5:35	8:07	
13	Sat	**4:53**	6.5	**5:31**	5.0			**12:27**	0.8	5:34	8:08	
14	Sun	**5:16**	6.6	**6:09**	4.9	**12:07**	1.2	**1:12**	0.8	5:33	8:09	
15	Mon	**5:46**	6.6	**6:51**	4.9	**12:47**	1.3	**1:58**	0.8	5:32	8:10	
16	Tue	**6:27**	6.6	**7:41**	4.9	**1:31**	1.3	**2:45**	0.9	5:31	8:11	
17	Wed	**7:16**	6.4	**8:40**	5.0	**2:21**	1.3	**3:35**	0.9	5:30	8:12	
18	Thu	**8:14**	6.2	**9:42**	5.1	**3:17**	1.3	**4:27**	0.9	5:29	8:13	
19	Fri	**9:22**	6.0	**10:43**	5.3	**4:20**	1.4	**5:21**	0.9	5:28	8:14	
20	Sat	**10:39**	5.9	**11:43**	5.5	**5:27**	1.3	**6:16**	0.8	5:27	8:15	
21	Sun	**11:51**	5.8			**6:33**	1.2	**7:11**	0.7	5:26	8:16	
22	Mon	**12:41**	5.8	**12:57**	5.7	**7:38**	1.0	**8:04**	0.6	5:26	8:17	
23	Tue	**1:37**	6.1	**1:57**	5.7	**8:39**	0.7	**8:56**	0.5	5:25	8:18	
24	Wed	**2:28**	6.4	**2:52**	5.7	**9:38**	0.5	**9:46**	0.5	5:24	8:19	
25	Thu	**3:17**	6.5	**3:43**	5.7	**10:33**	0.3	**10:35**	0.5	5:23	8:20	
26	Fri	**4:02**	6.6	**4:32**	5.6	**11:26**	0.2	**11:22**	0.6	5:23	8:21	
27	Sat	**4:46**	6.6	**5:21**	5.4			**12:16**	0.2	5:22	8:21	
28	Sun	**5:29**	6.4	**6:11**	5.3	**12:07**	0.8	**1:04**	0.3	5:21	8:22	
29	Mon	**6:12**	6.1	**7:04**	5.1	**12:52**	1.0	**1:52**	0.5	5:21	8:23	
30	Tue	**6:58**	5.9	**7:57**	5.0	**1:36**	1.2	**2:39**	0.6	5:20	8:24	
31	Wed	**7:47**	5.6	**8:52**	5.0	**2:20**	1.4	**3:25**	0.8	5:20	8:25	