US HARBORS www.USHarbors.com

Albany, NY - Jun 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:40	5.4	9:46	5.0	3:06	1.6	4:12	0.9	5:19	8:26	
2	Fri	9:35	5.2	10:39	5.0	3:56	1.7	4:58	1.0	5:19	8:26	
3	Sat	10:32	5.0	11:31	5.1	4:51	1.8	5:44	1.0	5:18	8:27	
4	Sun	11:30	4.9			5:50	1.8	6:29	1.0	5:18	8:28	
5	Mon	12:22	5.2	12:27	4.7	6:51	1.7	7:15	1.0	5:17	8:29	
6	Tue	1:11	5.4	1:23	4.6	7:51	1.5	8:00	1.0	5:17	8:29	
7	Wed	1:57	5.6	2:15	4.6	8:48	1.3	8:45	1.0	5:17	8:30	
8	Thu	2:40	5.8	3:04	4.5	9:42	1.0	9:30	1.0	5:17	8:30	
9	Fri	3:18	6.0	3:49	4.5	10:33	0.7	10:14	1.0	5:16	8:31	
10	Sat	3:52	6.1	4:31	4.5	11:22	0.5	11:00	0.9	5:16	8:32	
11	Sun	4:22	6.2	5:12	4.5			12:09	0.4	5:16	8:32	
12	Mon	4:54	6.2	5:54	4.5			12:55	0.3	5:16	8:33	
13	Tue	5:32	6.2	6:40	4.6	12:34	0.8	1:41	0.3	5:16	8:33	
14	Wed	6:19	6.1	7:32	4.7	1:23	0.8	2:27	0.2	5:16	8:34	
15	Thu	7:13	6.0	8:28	4.9	2:16	0.7	3:15	0.2	5:16	8:34	
16	Fri	8:15	5.9	9:25	5.0	3:11	0.7	4:04	0.2	5:16	8:34	
17	Sat	9:22	5.7	10:22	5.2	4:10	0.7	4:54	0.2	5:16	8:35	
18	Sun	10:29	5.5	11:19	5.4	5:13	0.7	5:46	0.1	5:16	8:35	
19	Mon	11:33	5.3			6:17	0.6	6:39	0.1	5:16	8:35	
20	Tue	12:16	5.6	12:36	5.2	7:20	0.5	7:33	0.1	5:16	8:36	
21	Wed	1:12	5.8	1:36	5.1	8:22	0.3	8:26	0.1	5:17	8:36	
22	Thu	2:06	6.0	2:32	5.0	9:21	0.1	9:19	0.2	5:17	8:36	
23	Fri	2:56	6.0	3:25	5.0	10:16	0.0	10:10	0.2	5:17	8:36	
24	Sat	3:43	6.0	4:16	4.9	11:08	-0.1	10:59	0.3	5:17	8:36	
25	Sun	4:28	5.9	5:04	4.9	11:57	-0.1	11:45	0.5	5:18	8:36	
26	Mon	5:12	5.8	5:53	4.8			12:44	-0.1	5:18	8:37	
27	Tue	5:54	5.6	6:42	4.7	12:30	0.6	1:28	0.0	5:19	8:37	
28	Wed	6:36	5.4	7:32	4.6	1:12	0.8	2:11	0.1	5:19	8:37	
29	Thu	7:19	5.2	8:21	4.6	1:54	0.9	2:52	0.3	5:19	8:36	
30	Fri	8:04	5.0	9:10	4.6	2:36	1.1	3:31	0.4	5:20	8:36	