US HARBORS www.USHarbors.com

Albany, NY - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:14	4.0	10:17	4.7	4:28	0.9	4:11	0.2	5:46	8:15	
2	Wed	10:11	3.7	10:57	4.7	5:32	0.9	4:51	0.3	5:47	8:14	
3	Thu	11:40	3.4	11:52	4.8	6:39	0.9	5:46	0.5	5:48	8:13	
4	Fri			12:55	3.3	7:45	0.7	6:59	0.6	5:49	8:12	
5	Sat	12:57	4.8	1:58	3.4	8:46	0.5	8:14	0.5	5:51	8:10	
6	Sun	1:58	5.0	2:53	3.6	9:42	0.2	9:20	0.4	5:52	8:09	
7	Mon	2:52	5.1	3:43	3.8	10:34	-0.1	10:20	0.1	5:53	8:08	
8	Tue	3:42	5.3	4:29	4.1	11:23	-0.4	11:14	-0.1	5:54	8:07	
9	Wed	4:30	5.4	5:14	4.3			12:09	-0.6	5:55	8:05	
10	Thu	5:18	5.5	6:01	4.6	12:07	-0.3	12:54	-0.7	5:56	8:04	
11	Fri	6:08	5.5	6:49	4.8	12:58	-0.4	1:38	-0.8	5:57	8:02	
12	Sat	7:00	5.3	7:40	4.9	1:50	-0.4	2:22	-0.8	5:58	8:01	
13	Sun	7:56	5.1	8:34	5.1	2:44	-0.4	3:07	-0.8	5:59	8:00	
14	Mon	8:55	4.9	9:28	5.1	3:39	-0.3	3:54	-0.6	6:00	7:58	
15	Tue	9:54	4.7	10:25	5.1	4:38	-0.2	4:44	-0.5	6:01	7:57	
16	Wed	10:55	4.4	11:23	5.1	5:39	-0.1	5:38	-0.3	6:02	7:55	
17	Thu	11:56	4.3			6:41	0.0	6:36	-0.1	6:03	7:54	
18	Fri	12:24	5.0	12:57	4.2	7:42	-0.1	7:35	0.0	6:04	7:52	
19	Sat	1:23	5.0	1:56	4.2	8:41	-0.2	8:32	0.0	6:05	7:51	
20	Sun	2:20	5.0	2:51	4.3	9:35	-0.3	9:27	0.0	6:07	7:49	
21	Mon	3:11	5.0	3:41	4.5	10:25	-0.5	10:18	0.0	6:08	7:48	
22	Tue	3:57	5.1	4:28	4.6	11:10	-0.6	11:04	0.0	6:09	7:46	
23	Wed	4:38	5.0	5:11	4.6	11:51	-0.5	11:48	0.0	6:10	7:44	
24	Thu	5:17	5.0	5:52	4.6			12:29	-0.5	6:11	7:43	
25	Fri	5:54	4.9	6:31	4.6	12:28	0.1	1:04	-0.4	6:12	7:41	
26	Sat	6:28	4.7	7:07	4.7	1:08	0.2	1:35	-0.2	6:13	7:40	
27	Sun	6:58	4.5	7:38	4.7	1:47	0.3	2:02	-0.1	6:14	7:38	
28	Mon	7:23	4.3	8:00	4.8	2:27	0.4	2:25	0.0	6:15	7:36	
29	Tue	7:53	4.1	8:22	4.9	3:10	0.6	2:49	0.0	6:16	7:35	
30	Wed	8:34	3.9	8:59	5.0	4:00	0.7	3:21	0.2	6:17	7:33	
31	Thu	9:26	3.7	9:46	5.0	5:01	0.8	4:05	0.3	6:18	7:31	