US HARBORS www.USHarbors.com

Albany, NY - Dec 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:24	5.1	12:57	5.4	7:27	0.0	8:07	0.1	7:05	4:22	
2	Sat	1:21	5.1	1:48	5.7	8:19	-0.1	9:05	-0.1	7:06	4:22	
3	Sun	2:15	5.1	2:37	5.8	9:09	-0.2	10:00	-0.2	7:07	4:22	
4	Mon	3:06	5.1	3:23	5.8	9:58	-0.1	10:52	-0.3	7:08	4:21	
5	Tue	3:56	5.0	4:09	5.7	10:47	-0.1	11:43	-0.2	7:09	4:21	
6	Wed	4:46	4.8	4:56	5.6	11:34	0.1			7:10	4:21	
7	Thu	5:38	4.7	5:45	5.4	12:32	-0.1	12:20	0.3	7:11	4:21	
8	Fri	6:32	4.6	6:37	5.2	1:20	0.1	1:07	0.4	7:12	4:21	
9	Sat	7:27	4.5	7:32	5.0	2:08	0.2	1:54	0.6	7:13	4:21	
10	Sun	8:21	4.5	8:27	4.8	2:55	0.3	2:43	0.8	7:14	4:21	
11	Mon	9:15	4.5	9:21	4.7	3:41	0.4	3:35	0.9	7:15	4:21	
12	Tue	10:07	4.6	10:16	4.6	4:27	0.5	4:31	1.0	7:15	4:21	
13	Wed	10:58	4.7	11:11	4.4	5:13	0.5	5:30	1.0	7:16	4:21	
14	Thu	11:49	4.8			5:58	0.5	6:29	0.9	7:17	4:22	
15	Fri	12:06	4.3	12:37	5.0	6:43	0.6	7:26	0.8	7:18	4:22	
16	Sat	12:58	4.2	1:23	5.1	7:28	0.6	8:21	0.6	7:18	4:22	
17	Sun	1:48	4.2	2:04	5.3	8:13	0.5	9:13	0.4	7:19	4:22	
18	Mon	2:34	4.1	2:41	5.4	8:58	0.5	10:02	0.3	7:20	4:23	
19	Tue	3:17	4.1	3:15	5.4	9:44	0.5	10:49	0.2	7:20	4:23	
20	Wed	3:57	4.1	3:45	5.5	10:29	0.4	11:34	0.1	7:21	4:24	
21	Thu	4:37	4.1	4:19	5.5	11:15	0.3			7:21	4:24	
22	Fri	5:18	4.2	5:00	5.5	12:19	0.1	12:02	0.3	7:22	4:24	
23	Sat	6:03	4.3	5:50	5.5	1:04	0.0	12:51	0.2	7:22	4:25	
24	Sun	6:53	4.4	6:47	5.4	1:50	0.0	1:43	0.2	7:23	4:26	
25	Mon	7:48	4.6	7:50	5.3	2:36	0.0	2:39	0.2	7:23	4:26	
26	Tue	8:44	4.8	8:55	5.2	3:25	-0.1	3:39	0.3	7:23	4:27	
27	Wed	9:41	4.9	9:59	5.1	4:15	-0.1	4:42	0.3	7:24	4:28	
28	Thu	10:38	5.1	11:02	4.9	5:07	-0.1	5:46	0.2	7:24	4:28	
29	Fri	11:36	5.3			6:02	-0.1	6:49	0.1	7:24	4:29	
30	Sat	12:04	4.8	12:33	5.4	6:57	-0.1	7:50	0.0	7:24	4:30	
31	Sun	1:03	4.8	1:27	5.5	7:52	-0.1	8:48	-0.1	7:24	4:31	