

































Albany, NY - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:19	5.3	2:39	5.5	9:02	0.4	9:48	0.1	6:30	5:44	
2	Fri	3:06	5.4	3:24	5.5	9:50	0.4	10:31	0.1	6:29	5:45	
3	Sat	3:51	5.5	4:05	5.5	10:36	0.4	11:10	0.2	6:27	5:46	
4	Sun	4:32	5.6	4:45	5.4	11:18	0.5	11:47	0.3	6:25	5:47	
5	Mon	5:12	5.5	5:23	5.3	11:59	0.6			6:24	5:48	
6	Tue	5:49	5.5	6:02	5.1	12:20	0.5	12:39	0.7	6:22	5:50	
7	Wed	6:23	5.5	6:41	4.9	12:50	0.7	1:19	0.8	6:20	5:51	
8	Thu	6:49	5.6	7:20	4.7	1:15	0.8	2:01	1.0	6:19	5:52	
9	Fri	7:08	5.6	8:04	4.6	1:39	0.9	2:46	1.1	6:17	5:53	
10	Sat	7:39	5.6	8:56	4.4	2:10	1.0	3:39	1.2	6:15	5:54	
11	Sun	9:22	5.6	10:59	4.4	3:53	1.2	5:39	1.3	7:13	6:56	
12	Mon	10:16	5.5			4:51	1.3	6:42	1.3	7:12	6:57	
13	Tue	12:04	4.4	11:26 AM	5.4	6:07	1.4	7:43	1.2	7:10	6:58	
14	Wed	1:05	4.5	12:54	5.4	7:25	1.3	8:39	1.1	7:08	6:59	
15	Thu	2:01	4.8	2:02	5.5	8:34	1.1	9:32	0.8	7:07	7:00	
16	Fri	2:50	5.1	2:58	5.7	9:35	0.8	10:21	0.6	7:05	7:02	
17	Sat	3:35	5.4	3:47	5.9	10:31	0.6	11:07	0.4	7:03	7:03	
18	Sun	4:18	5.8	4:34	6.0	11:24	0.3	11:52	0.4	7:01	7:04	
19	Mon	4:59	6.0	5:22	6.0			12:16	0.2	7:00	7:05	
20	Tue	5:42	6.2	6:12	5.9	12:36	0.3	1:07	0.2	6:58	7:06	
21	Wed	6:27	6.3	7:06	5.7	1:20	0.4	2:00	0.2	6:56	7:07	
22	Thu	7:17	6.2	8:04	5.5	2:05	0.5	2:54	0.4	6:54	7:09	
23	Fri	8:12	6.1	9:06	5.3	2:54	0.7	3:50	0.6	6:53	7:10	
24	Sat	9:14	5.9	10:08	5.2	3:46	0.9	4:50	0.7	6:51	7:11	
25	Sun	10:20	5.7	11:11	5.2	4:45	1.1	5:50	0.8	6:49	7:12	
26	Mon	11:27	5.5			5:47	1.2	6:50	0.9	6:47	7:13	
27	Tue	12:12	5.3	12:33	5.5	6:49	1.2	7:47	0.8	6:46	7:14	
28	Wed	1:12	5.4	1:35	5.5	7:50	1.1	8:41	0.7	6:44	7:15	
29	Thu	2:08	5.6	2:29	5.6	8:47	1.0	9:31	0.6	6:42	7:17	
30	Fri	2:58	5.9	3:17	5.7	9:40	0.9	10:16	0.5	6:40	7:18	
31	Sat	3:44	6.0	4:01	5.7	10:28	0.8	10:57	0.5	6:39	7:19	