US HARBORS www.USHarbors.com

Albany, NY - Jun 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:03	6.3	5:51	4.7			12:37	0.5	5:19	8:25	
2	Sat	5:26	6.3	6:30	4.7	12:11	1.1	1:19	0.5	5:19	8:26	
3	Sun	5:53	6.3	7:09	4.7	12:51	1.1	2:01	0.6	5:18	8:27	
4	Mon	6:31	6.2	7:51	4.8	1:34	1.1	2:44	0.6	5:18	8:28	
5	Tue	7:17	6.2	8:38	4.9	2:21	1.1	3:28	0.6	5:18	8:28	
6	Wed	8:10	6.0	9:30	5.1	3:13	1.1	4:14	0.6	5:17	8:29	
7	Thu	9:09	5.8	10:25	5.3	4:13	1.2	5:03	0.6	5:17	8:30	
8	Fri	10:16	5.6	11:23	5.5	5:19	1.2	5:54	0.6	5:17	8:30	
9	Sat	11:29	5.4			6:27	1.1	6:48	0.6	5:16	8:31	
10	Sun	12:20	5.7	12:40	5.2	7:34	1.0	7:43	0.5	5:16	8:32	
11	Mon	1:17	5.9	1:44	5.1	8:38	0.7	8:39	0.5	5:16	8:32	
12	Tue	2:11	6.1	2:43	5.1	9:38	0.5	9:34	0.5	5:16	8:33	
13	Wed	3:02	6.2	3:38	5.1	10:35	0.2	10:27	0.5	5:16	8:33	
14	Thu	3:51	6.3	4:30	5.1	11:29	0.1	11:19	0.5	5:16	8:34	
15	Fri	4:39	6.2	5:23	5.0			12:21	0.0	5:16	8:34	
16	Sat	5:28	6.0	6:16	4.9	12:10	0.5	1:11	0.0	5:16	8:34	
17	Sun	6:19	5.8	7:11	4.9	1:00	0.6	1:59	0.1	5:16	8:35	
18	Mon	7:12	5.6	8:07	4.9	1:50	0.8	2:47	0.2	5:16	8:35	
19	Tue	8:08	5.3	9:03	4.9	2:40	0.9	3:34	0.3	5:16	8:35	
20	Wed	9:05	5.1	9:57	5.0	3:32	1.1	4:20	0.4	5:16	8:36	
21	Thu	10:00	4.9	10:49	5.1	4:25	1.2	5:06	0.5	5:17	8:36	
22	Fri	10:55	4.7	11:40	5.2	5:21	1.2	5:51	0.5	5:17	8:36	
23	Sat	11:51	4.6			6:19	1.2	6:36	0.6	5:17	8:36	
24	Sun	12:31	5.3	12:47	4.4	7:17	1.1	7:22	0.7	5:17	8:36	
25	Mon	1:20	5.4	1:42	4.3	8:14	0.9	8:07	0.7	5:18	8:36	
26	Tue	2:07	5.5	2:34	4.2	9:08	0.7	8:53	0.7	5:18	8:37	
27	Wed	2:51	5.6	3:22	4.2	9:59	0.5	9:39	0.7	5:18	8:37	
28	Thu	3:30	5.7	4:07	4.2	10:47	0.3	10:24	0.7	5:19	8:37	
29	Fri	4:06	5.8	4:49	4.2	11:32	0.1	11:09	0.6	5:19	8:37	
30	Sat	4:39	5.8	5:29	4.3			12:15	0.0	5:20	8:36	