

































Albany, NY - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:05	5.0	11:26	4.4	5:17	0.2	5:53	0.6	7:25	4:31	
2	Wed	11:56	5.1			6:03	0.3	6:49	0.5	7:25	4:32	
3	Thu	12:20	4.3	12:45	5.2	6:50	0.4	7:44	0.4	7:25	4:33	
4	Fri	1:12	4.3	1:31	5.2	7:37	0.4	8:35	0.3	7:25	4:34	
5	Sat	2:02	4.3	2:14	5.3	8:23	0.4	9:24	0.1	7:25	4:35	
6	Sun	2:47	4.3	2:54	5.4	9:09	0.4	10:09	0.0	7:25	4:36	
7	Mon	3:30	4.3	3:29	5.4	9:53	0.3	10:53	0.0	7:24	4:37	
8	Tue	4:09	4.3	4:01	5.4	10:37	0.2	11:34	0.0	7:24	4:38	
9	Wed	4:46	4.4	4:31	5.4	11:20	0.2			7:24	4:39	
10	Thu	5:20	4.4	5:04	5.4	12:14	0.0	12:04	0.2	7:24	4:40	
11	Fri	5:54	4.6	5:44	5.4	12:53	0.0	12:49	0.2	7:24	4:41	
12	Sat	6:31	4.7	6:32	5.3	1:32	0.0	1:37	0.2	7:23	4:42	
13	Sun	7:14	4.9	7:25	5.2	2:12	0.0	2:30	0.3	7:23	4:43	
14	Mon	8:02	5.0	8:24	5.0	2:55	0.0	3:29	0.4	7:22	4:44	
15	Tue	8:57	5.1	9:32	4.7	3:42	0.1	4:35	0.5	7:22	4:46	
16	Wed	9:58	5.1	10:44	4.5	4:36	0.2	5:42	0.5	7:21	4:47	
17	Thu	11:06	5.1	11:53	4.4	5:37	0.3	6:48	0.4	7:21	4:48	
18	Fri			12:13	5.2	6:42	0.3	7:51	0.2	7:20	4:49	
19	Sat	12:57	4.5	1:16	5.3	7:45	0.2	8:51	0.0	7:20	4:50	
20	Sun	1:56	4.6	2:14	5.4	8:45	0.1	9:46	-0.2	7:19	4:52	
21	Mon	2:51	4.7	3:08	5.4	9:41	-0.1	10:37	-0.3	7:19	4:53	
22	Tue	3:43	4.8	3:59	5.4	10:34	-0.2	11:25	-0.4	7:18	4:54	
23	Wed	4:33	4.9	4:48	5.4	11:24	-0.2			7:17	4:55	
24	Thu	5:23	4.9	5:38	5.3	12:12	-0.4	12:12	-0.1	7:16	4:57	
25	Fri	6:14	4.9	6:28	5.1	12:56	-0.3	1:00	0.1	7:16	4:58	
26	Sat	7:04	4.9	7:18	5.0	1:38	-0.1	1:47	0.2	7:15	4:59	
27	Sun	7:53	5.0	8:09	4.8	2:20	0.0	2:36	0.4	7:14	5:01	
28	Mon	8:42	5.0	9:01	4.6	3:00	0.2	3:26	0.6	7:13	5:02	
29	Tue	9:30	5.0	9:54	4.4	3:41	0.4	4:20	0.7	7:12	5:03	
30	Wed	10:19	4.9	10:50	4.3	4:23	0.6	5:16	0.8	7:11	5:04	
31	Thu	11:10	4.9	11:46	4.2	5:09	0.7	6:14	0.8	7:10	5:06	