

































Albany, NY - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:53	5.8	3:38	4.5	10:39	0.1	10:25	0.3	5:21	8:36	
2	Wed	3:46	5.8	4:32	4.6	11:33	-0.2	11:21	0.2	5:21	8:36	
3	Thu	4:39	5.8	5:25	4.7			12:24	-0.3	5:22	8:36	
4	Fri	5:31	5.7	6:20	4.7	12:15	0.1	1:13	-0.4	5:22	8:36	
5	Sat	6:26	5.6	7:15	4.8	1:07	0.1	2:01	-0.4	5:23	8:35	
6	Sun	7:22	5.4	8:11	4.9	1:59	0.2	2:48	-0.4	5:24	8:35	
7	Mon	8:19	5.2	9:06	5.0	2:52	0.3	3:35	-0.3	5:24	8:35	
8	Tue	9:16	5.0	10:00	5.1	3:46	0.4	4:21	-0.2	5:25	8:34	
9	Wed	10:11	4.8	10:52	5.1	4:41	0.5	5:07	-0.1	5:26	8:34	
10	Thu	11:06	4.5	11:44	5.2	5:38	0.6	5:54	0.1	5:27	8:33	
11	Fri			12:03	4.3	6:37	0.6	6:41	0.2	5:27	8:33	
12	Sat	12:35	5.2	12:59	4.2	7:34	0.5	7:30	0.4	5:28	8:32	
13	Sun	1:26	5.3	1:54	4.1	8:30	0.4	8:19	0.4	5:29	8:32	
14	Mon	2:15	5.3	2:46	4.1	9:22	0.2	9:07	0.4	5:30	8:31	
15	Tue	3:00	5.4	3:34	4.2	10:11	0.0	9:53	0.4	5:31	8:30	
16	Wed	3:42	5.4	4:19	4.2	10:56	-0.1	10:38	0.4	5:31	8:30	
17	Thu	4:20	5.5	5:01	4.2	11:39	-0.2	11:21	0.3	5:32	8:29	
18	Fri	4:54	5.4	5:39	4.3			12:19	-0.3	5:33	8:28	
19	Sat	5:24	5.4	6:15	4.3	12:04	0.3	12:57	-0.3	5:34	8:27	
20	Sun	5:52	5.4	6:49	4.5	12:46	0.2	1:33	-0.3	5:35	8:27	
21	Mon	6:24	5.3	7:19	4.6	1:29	0.2	2:09	-0.3	5:36	8:26	
22	Tue	7:04	5.3	7:53	4.8	2:14	0.3	2:44	-0.3	5:37	8:25	
23	Wed	7:50	5.1	8:33	5.0	3:03	0.3	3:20	-0.3	5:38	8:24	
24	Thu	8:42	4.9	9:20	5.1	3:59	0.5	3:59	-0.2	5:39	8:23	
25	Fri	9:41	4.5	10:15	5.2	5:02	0.5	4:45	-0.1	5:40	8:22	
26	Sat	10:53	4.2	11:18	5.1	6:10	0.6	5:45	0.1	5:41	8:21	
27	Sun			12:12	4.0	7:18	0.5	6:55	0.2	5:42	8:20	
28	Mon	12:30	5.1	1:23	4.0	8:23	0.3	8:06	0.2	5:43	8:19	
29	Tue	1:40	5.1	2:27	4.1	9:24	0.0	9:11	0.1	5:44	8:18	
30	Wed	2:42	5.2	3:25	4.3	10:21	-0.3	10:12	-0.1	5:45	8:17	
31	Thu	3:39	5.3	4:18	4.4	11:13	-0.6	11:07	-0.2	5:46	8:16	