



Albany, NY - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:31	5.4	5:09	4.6			12:02	-0.7	5:47	8:15	☀
2	Sat	5:21	5.3	6:00	4.7	12:00	-0.3	12:49	-0.8	5:48	8:13	☀
3	Sun	6:11	5.2	6:51	4.8	12:50	-0.3	1:33	-0.8	5:49	8:12	☀
4	Mon	7:01	5.0	7:42	4.8	1:40	-0.2	2:17	-0.7	5:50	8:11	☀
5	Tue	7:52	4.8	8:32	4.8	2:29	0.0	2:59	-0.5	5:51	8:10	☀
6	Wed	8:44	4.6	9:22	4.9	3:19	0.1	3:40	-0.3	5:52	8:08	☀
7	Thu	9:37	4.3	10:11	4.8	4:11	0.3	4:22	-0.1	5:53	8:07	☀
8	Fri	10:32	4.1	11:01	4.8	5:05	0.5	5:05	0.1	5:54	8:06	☀
9	Sat	11:28	3.9	11:53	4.8	6:02	0.5	5:51	0.3	5:55	8:04	☀
10	Sun			12:26	3.8	7:00	0.5	6:42	0.5	5:56	8:03	☀
11	Mon	12:46	4.8	1:23	3.7	7:56	0.4	7:36	0.5	5:57	8:02	☀
12	Tue	1:39	4.8	2:18	3.8	8:50	0.2	8:31	0.5	5:59	8:00	☀
13	Wed	2:29	4.9	3:07	3.9	9:40	0.0	9:23	0.3	6:00	7:59	☀
14	Thu	3:14	5.0	3:52	4.1	10:26	-0.2	10:13	0.2	6:01	7:57	☀
15	Fri	3:55	5.1	4:33	4.2	11:08	-0.4	11:00	0.1	6:02	7:56	☀
16	Sat	4:31	5.2	5:10	4.4	11:48	-0.5	11:46	0.0	6:03	7:54	☀
17	Sun	5:04	5.2	5:43	4.5			12:26	-0.5	6:04	7:53	☀
18	Mon	5:35	5.1	6:13	4.7	12:31	-0.1	1:02	-0.5	6:05	7:51	☀
19	Tue	6:09	5.1	6:43	4.9	1:16	-0.1	1:38	-0.5	6:06	7:50	☀
20	Wed	6:49	5.0	7:18	5.1	2:03	0.0	2:13	-0.5	6:07	7:48	☀
21	Thu	7:37	4.8	8:01	5.2	2:53	0.1	2:51	-0.4	6:08	7:47	☀
22	Fri	8:31	4.6	8:51	5.2	3:49	0.2	3:33	-0.3	6:09	7:45	☀
23	Sat	9:36	4.3	9:49	5.1	4:50	0.3	4:26	-0.1	6:10	7:44	☀
24	Sun	10:50	4.1	11:00	5.0	5:56	0.4	5:32	0.1	6:11	7:42	☀
25	Mon			12:03	4.0	7:02	0.3	6:45	0.2	6:12	7:40	☀
26	Tue	12:19	4.9	1:11	4.0	8:05	0.1	7:54	0.1	6:14	7:39	☀
27	Wed	1:31	4.9	2:14	4.2	9:04	-0.1	8:58	-0.1	6:15	7:37	☀
28	Thu	2:34	5.1	3:10	4.5	9:59	-0.4	9:57	-0.3	6:16	7:35	☀
29	Fri	3:29	5.2	4:02	4.7	10:50	-0.7	10:52	-0.4	6:17	7:34	☀
30	Sat	4:19	5.3	4:51	4.9	11:37	-0.8	11:43	-0.4	6:18	7:32	☀
31	Sun	5:05	5.2	5:37	5.0			12:21	-0.8	6:19	7:30	☀