US HARBORS www.USHarbors.com

Albany, NY - Oct 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:12	4.9	6:34	5.4	12:57	0.0	1:06	-0.1	6:52	6:36	
2	Thu	6:57	4.7	7:14	5.3	1:41	0.1	1:41	0.1	6:53	6:34	
3	Fri	7:44	4.4	7:52	5.2	2:25	0.3	2:13	0.4	6:55	6:32	
4	Sat	8:33	4.2	8:31	5.1	3:10	0.5	2:43	0.6	6:56	6:30	
5	Sun	9:26	4.1	9:12	5.0	3:57	0.7	3:17	0.7	6:57	6:29	
6	Mon	10:20	4.0	10:01	4.9	4:47	0.8	4:01	0.9	6:58	6:27	
7	Tue	11:15	3.9	11:03	4.8	5:40	0.8	5:00	1.0	6:59	6:25	
8	Wed			12:11	4.0	6:35	0.8	6:10	1.0	7:00	6:24	
9	Thu	12:07	4.8	1:06	4.1	7:28	0.7	7:19	0.9	7:01	6:22	
10	Fri	1:07	4.8	1:56	4.4	8:19	0.5	8:22	0.8	7:03	6:20	
11	Sat	2:01	4.9	2:41	4.7	9:06	0.3	9:20	0.6	7:04	6:18	
12	Sun	2:48	5.0	3:21	5.0	9:51	0.2	10:14	0.3	7:05	6:17	
13	Mon	3:31	5.1	3:57	5.3	10:34	0.0	11:06	0.2	7:06	6:15	
14	Tue	4:12	5.1	4:30	5.6	11:16	0.0	11:57	0.1	7:07	6:14	
15	Wed	4:53	5.1	5:04	5.7	11:58	0.0			7:08	6:12	
16	Thu	5:37	5.0	5:42	5.8	12:47	0.0	12:40	0.0	7:10	6:10	
17	Fri	6:26	4.8	6:26	5.8	1:38	0.1	1:26	0.1	7:11	6:09	
18	Sat	7:23	4.7	7:19	5.7	2:31	0.1	2:15	0.2	7:12	6:07	
19	Sun	8:26	4.6	8:23	5.5	3:26	0.2	3:10	0.3	7:13	6:06	
20	Mon	9:32	4.5	9:38	5.3	4:24	0.3	4:11	0.4	7:14	6:04	
21	Tue	10:37	4.6	10:52	5.2	5:23	0.3	5:16	0.4	7:16	6:03	
22	Wed	11:41	4.7			6:21	0.2	6:22	0.4	7:17	6:01	
23	Thu	12:01	5.1	12:42	4.9	7:18	0.1	7:25	0.3	7:18	6:00	
24	Fri	1:04	5.2	1:39	5.1	8:12	-0.1	8:25	0.2	7:19	5:58	
25	Sat	2:01	5.2	2:32	5.4	9:03	-0.2	9:22	0.0	7:20	5:57	
26	Sun	2:52	5.3	3:21	5.6	9:51	-0.3	10:15	-0.1	7:22	5:55	
27	Mon	3:39	5.3	4:05	5.8	10:35	-0.3	11:04	-0.1	7:23	5:54	
28	Tue	4:23	5.2	4:46	5.8	11:16	-0.2	11:51	0.0	7:24	5:52	
29	Wed	5:06	5.0	5:25	5.7	11:55	0.0			7:25	5:51	
30	Thu	5:49	4.8	6:02	5.6	12:35	0.1	12:31	0.2	7:27	5:50	
31	Fri	6:33	4.6	6:36	5.5	1:18	0.2	1:05	0.5	7:28	5:48	