
































Albany, NY - Nov 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:18	4.4	7:08	5.4	2:00	0.4	1:37	0.6	7:29	5:47	
2	Sun	7:05	4.3	6:36	5.3	1:42	0.5	1:08	0.8	6:30	4:46	
3	Mon	7:53	4.2	7:08	5.2	2:25	0.7	1:43	0.8	6:32	4:45	
4	Tue	8:43	4.2	7:52	5.2	3:10	0.7	2:28	0.9	6:33	4:43	
5	Wed	9:34	4.2	8:47	5.0	3:57	0.8	3:25	1.0	6:34	4:42	
6	Thu	10:26	4.3	9:58	4.9	4:47	0.8	4:33	1.1	6:35	4:41	
7	Fri	11:18	4.4	11:11	4.8	5:38	0.7	5:44	1.0	6:37	4:40	
8	Sat			12:08	4.7	6:29	0.6	6:51	0.9	6:38	4:39	
9	Sun	12:14	4.8	12:55	5.0	7:18	0.5	7:53	0.7	6:39	4:38	
10	Mon	1:09	4.8	1:38	5.3	8:07	0.4	8:52	0.5	6:40	4:37	
11	Tue	1:59	4.9	2:18	5.6	8:55	0.3	9:47	0.3	6:42	4:35	
12	Wed	2:46	4.9	2:57	5.8	9:42	0.2	10:40	0.1	6:43	4:34	
13	Thu	3:33	4.9	3:37	5.9	10:30	0.2	11:32	0.0	6:44	4:34	
14	Fri	4:22	4.8	4:22	5.9	11:19	0.2			6:45	4:33	
15	Sat	5:16	4.7	5:13	5.8	12:24	0.0	12:10	0.2	6:47	4:32	
16	Sun	6:14	4.6	6:13	5.6	1:16	0.0	1:04	0.2	6:48	4:31	
17	Mon	7:17	4.6	7:23	5.4	2:10	0.1	2:00	0.3	6:49	4:30	
18	Tue	8:20	4.7	8:33	5.3	3:05	0.1	3:00	0.3	6:50	4:29	
19	Wed	9:22	4.8	9:39	5.2	4:00	0.1	4:01	0.3	6:52	4:28	
20	Thu	10:21	5.0	10:41	5.1	4:55	0.0	5:03	0.3	6:53	4:28	
21	Fri	11:19	5.1	11:40	5.1	5:48	0.0	6:04	0.3	6:54	4:27	
22	Sat			12:15	5.4	6:40	-0.1	7:04	0.2	6:55	4:26	
23	Sun	12:35	5.0	1:07	5.6	7:30	-0.1	8:00	0.1	6:56	4:26	
24	Mon	1:27	5.0	1:55	5.7	8:17	-0.1	8:53	0.0	6:58	4:25	
25	Tue	2:16	5.0	2:39	5.8	9:02	-0.1	9:42	0.0	6:59	4:25	
26	Wed	3:01	4.9	3:20	5.8	9:44	0.0	10:29	0.0	7:00	4:24	
27	Thu	3:45	4.8	3:58	5.7	10:24	0.2	11:13	0.0	7:01	4:24	
28	Fri	4:28	4.7	4:34	5.6	11:01	0.4	11:55	0.1	7:02	4:23	
29	Sat	5:11	4.5	5:07	5.5	11:36	0.5			7:03	4:23	
30	Sun	5:54	4.4	5:35	5.4	12:35	0.3	12:11	0.6	7:04	4:22	