

































Albany, NY - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:37	4.3	6:01	5.4	1:15	0.3	12:46	0.6	7:05	4:22	
2	Tue	7:20	4.3	6:36	5.3	1:54	0.4	1:24	0.7	7:07	4:22	
3	Wed	8:02	4.3	7:19	5.2	2:33	0.5	2:08	0.7	7:08	4:22	
4	Thu	8:43	4.4	8:09	5.1	3:13	0.5	3:01	0.8	7:09	4:21	
5	Fri	9:27	4.5	9:06	5.0	3:56	0.5	4:03	0.9	7:10	4:21	
6	Sat	10:15	4.7	10:13	4.8	4:42	0.5	5:13	0.9	7:11	4:21	
7	Sun	11:07	4.9	11:26	4.6	5:33	0.4	6:23	0.8	7:11	4:21	
8	Mon			12:01	5.1	6:27	0.4	7:29	0.7	7:12	4:21	
9	Tue	12:32	4.5	12:53	5.3	7:23	0.4	8:30	0.5	7:13	4:21	
10	Wed	1:31	4.6	1:43	5.5	8:19	0.3	9:28	0.2	7:14	4:21	
11	Thu	2:25	4.6	2:31	5.7	9:15	0.2	10:23	0.0	7:15	4:21	
12	Fri	3:17	4.6	3:20	5.7	10:10	0.1	11:16	-0.1	7:16	4:21	
13	Sat	4:09	4.6	4:11	5.7	11:04	0.1			7:17	4:21	
14	Sun	5:04	4.6	5:07	5.6	12:07	-0.2	11:57 AM	0.0	7:17	4:22	
15	Mon	6:01	4.6	6:09	5.4	12:58	-0.2	12:51	0.0	7:18	4:22	
16	Tue	7:01	4.7	7:14	5.3	1:49	-0.2	1:46	0.0	7:19	4:22	
17	Wed	8:01	4.8	8:17	5.2	2:40	-0.2	2:43	0.1	7:19	4:23	
18	Thu	8:59	4.9	9:17	5.0	3:31	-0.2	3:41	0.2	7:20	4:23	
19	Fri	9:56	5.0	10:15	4.9	4:22	-0.1	4:41	0.2	7:20	4:23	
20	Sat	10:51	5.2	11:12	4.8	5:13	-0.1	5:40	0.3	7:21	4:24	
21	Sun	11:45	5.3			6:04	-0.1	6:39	0.3	7:22	4:24	
22	Mon	12:07	4.7	12:37	5.4	6:53	0.0	7:35	0.2	7:22	4:25	
23	Tue	1:01	4.6	1:27	5.5	7:41	0.1	8:29	0.1	7:22	4:25	
24	Wed	1:52	4.6	2:12	5.5	8:28	0.1	9:19	0.0	7:23	4:26	
25	Thu	2:39	4.6	2:55	5.5	9:13	0.2	10:05	-0.1	7:23	4:27	
26	Fri	3:24	4.6	3:34	5.5	9:55	0.2	10:49	-0.1	7:24	4:27	
27	Sat	4:07	4.5	4:11	5.4	10:35	0.3	11:30	0.0	7:24	4:28	
28	Sun	4:49	4.4	4:44	5.4	11:13	0.3			7:24	4:29	
29	Mon	5:29	4.4	5:14	5.3	12:09	0.0	11:51 AM	0.4	7:24	4:29	
30	Tue	6:07	4.3	5:40	5.3	12:46	0.1	12:30	0.4	7:24	4:30	
31	Wed	6:42	4.4	6:13	5.3	1:22	0.1	1:10	0.4	7:25	4:31	