






























Albany, NY - Feb 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:39	5.3	8:13	4.7	2:29	0.2	3:32	0.7	7:08	5:08	
2	Mon	8:30	5.3	9:21	4.5	3:13	0.3	4:38	0.8	7:07	5:09	
3	Tue	9:28	5.3	10:41	4.3	4:10	0.5	5:46	0.8	7:06	5:11	
4	Wed	10:41	5.2	11:54	4.3	5:23	0.6	6:51	0.6	7:05	5:12	
5	Thu			12:02	5.2	6:36	0.5	7:53	0.4	7:04	5:13	
6	Fri	12:59	4.5	1:12	5.3	7:44	0.4	8:51	0.1	7:03	5:15	
7	Sat	1:57	4.7	2:12	5.5	8:46	0.1	9:44	-0.1	7:01	5:16	
8	Sun	2:50	5.0	3:07	5.6	9:43	-0.1	10:34	-0.3	7:00	5:17	
9	Mon	3:41	5.2	3:58	5.7	10:36	-0.3	11:22	-0.4	6:59	5:19	
10	Tue	4:30	5.3	4:48	5.6	11:27	-0.3			6:57	5:20	
11	Wed	5:20	5.4	5:38	5.5	12:07	-0.4	12:17	-0.3	6:56	5:21	
12	Thu	6:10	5.4	6:30	5.4	12:51	-0.3	1:07	-0.1	6:55	5:23	
13	Fri	7:00	5.4	7:23	5.2	1:35	-0.1	1:57	0.1	6:53	5:24	
14	Sat	7:51	5.4	8:17	5.0	2:18	0.1	2:48	0.3	6:52	5:25	
15	Sun	8:41	5.3	9:11	4.8	3:02	0.3	3:42	0.5	6:51	5:26	
16	Mon	9:33	5.2	10:07	4.6	3:48	0.6	4:38	0.7	6:49	5:28	
17	Tue	10:26	5.1	11:04	4.5	4:36	0.8	5:34	0.8	6:48	5:29	
18	Wed	11:21	5.1			5:29	0.9	6:31	0.8	6:46	5:30	
19	Thu	12:01	4.5	12:17	5.1	6:23	1.0	7:25	0.7	6:45	5:32	
20	Fri	12:56	4.6	1:09	5.2	7:18	0.9	8:16	0.6	6:43	5:33	
21	Sat	1:47	4.7	1:58	5.3	8:10	0.8	9:03	0.5	6:42	5:34	
22	Sun	2:33	4.9	2:41	5.3	9:00	0.7	9:46	0.4	6:40	5:35	
23	Mon	3:14	5.0	3:20	5.4	9:47	0.5	10:26	0.3	6:39	5:37	
24	Tue	3:51	5.1	3:55	5.4	10:32	0.4	11:03	0.3	6:37	5:38	
25	Wed	4:24	5.2	4:27	5.4	11:16	0.4	11:39	0.3	6:36	5:39	
26	Thu	4:52	5.4	4:58	5.3			12:00	0.4	6:34	5:40	
27	Fri	5:14	5.6	5:32	5.3	12:13	0.4	12:45	0.5	6:33	5:42	
28	Sat	5:44	5.7	6:15	5.2	12:48	0.4	1:32	0.6	6:31	5:43	