US HARBORS www.USHarbors.com

Albany, NY - Feb 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:39**	5.3	**8:13**	4.7	**2:29**	0.2	**3:32**	0.7	7:08	5:08	
2	Mon	**8:30**	5.3	**9:21**	4.5	**3:13**	0.3	**4:38**	0.8	7:07	5:09	
3	Tue	**9:28**	5.3	**10:41**	4.3	**4:10**	0.5	**5:46**	0.8	7:06	5:11	
4	Wed	**10:41**	5.2	**11:54**	4.3	**5:23**	0.6	**6:51**	0.6	7:05	5:12	
5	Thu			**12:02**	5.2	**6:36**	0.5	**7:53**	0.4	7:04	5:13	
6	Fri	**12:59**	4.5	**1:12**	5.3	**7:44**	0.4	**8:51**	0.1	7:03	5:15	
7	Sat	**1:57**	4.7	**2:12**	5.5	**8:46**	0.1	**9:44**	-0.1	7:01	5:16	
8	Sun	**2:50**	5.0	**3:07**	5.6	**9:43**	-0.1	**10:34**	-0.3	7:00	5:17	
9	Mon	**3:41**	5.2	**3:58**	5.7	**10:36**	-0.3	**11:22**	-0.4	6:59	5:19	
10	Tue	**4:30**	5.3	**4:48**	5.6	**11:27**	-0.3			6:57	5:20	
11	Wed	**5:20**	5.4	**5:38**	5.5	**12:07**	-0.4	**12:17**	-0.3	6:56	5:21	
12	Thu	**6:10**	5.4	**6:30**	5.4	**12:51**	-0.3	**1:07**	-0.1	6:55	5:23	
13	Fri	**7:00**	5.4	**7:23**	5.2	**1:35**	-0.1	**1:57**	0.1	6:53	5:24	
14	Sat	**7:51**	5.4	**8:17**	5.0	**2:18**	0.1	**2:48**	0.3	6:52	5:25	
15	Sun	**8:41**	5.3	**9:11**	4.8	**3:02**	0.3	**3:42**	0.5	6:51	5:26	
16	Mon	**9:33**	5.2	**10:07**	4.6	**3:48**	0.6	**4:38**	0.7	6:49	5:28	
17	Tue	**10:26**	5.1	**11:04**	4.5	**4:36**	0.8	**5:34**	0.8	6:48	5:29	
18	Wed	**11:21**	5.1			**5:29**	0.9	**6:31**	0.8	6:46	5:30	
19	Thu	**12:01**	4.5	**12:17**	5.1	**6:23**	1.0	**7:25**	0.7	6:45	5:32	
20	Fri	**12:56**	4.6	**1:09**	5.2	**7:18**	0.9	**8:16**	0.6	6:43	5:33	
21	Sat	**1:47**	4.7	**1:58**	5.3	**8:10**	0.8	**9:03**	0.5	6:42	5:34	
22	Sun	**2:33**	4.9	**2:41**	5.3	**9:00**	0.7	**9:46**	0.4	6:40	5:35	
23	Mon	**3:14**	5.0	**3:20**	5.4	**9:47**	0.5	**10:26**	0.3	6:39	5:37	
24	Tue	**3:51**	5.1	**3:55**	5.4	**10:32**	0.4	**11:03**	0.3	6:37	5:38	
25	Wed	**4:24**	5.2	**4:27**	5.4	**11:16**	0.4	**11:39**	0.3	6:36	5:39	
26	Thu	**4:52**	5.4	**4:58**	5.3			**12:00**	0.4	6:34	5:40	
27	Fri	**5:14**	5.6	**5:32**	5.3	**12:13**	0.4	**12:45**	0.5	6:33	5:42	
28	Sat	**5:44**	5.7	**6:15**	5.2	**12:48**	0.4	**1:32**	0.6	6:31	5:43	