

































## Albany, NY - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:55	5.0	3:28	4.8	9:51	0.1	10:04	0.4	6:52	6:36	
2	Fri	3:37	5.0	4:06	5.0	10:31	0.0	10:52	0.2	6:53	6:34	
3	Sat	4:15	5.0	4:39	5.2	11:09	0.0	11:39	0.1	6:54	6:33	
4	Sun	4:50	4.9	5:06	5.3	11:45	0.0			6:55	6:31	
5	Mon	5:23	4.8	5:27	5.5	12:24	0.1	12:20	0.0	6:57	6:29	
6	Tue	5:57	4.7	5:55	5.6	1:10	0.2	12:56	0.0	6:58	6:27	
7	Wed	6:37	4.6	6:34	5.7	1:58	0.2	1:35	0.1	6:59	6:26	
8	Thu	7:26	4.5	7:20	5.7	2:48	0.3	2:18	0.2	7:00	6:24	
9	Fri	8:26	4.4	8:15	5.5	3:42	0.4	3:10	0.3	7:01	6:22	
10	Sat	9:36	4.3	9:20	5.3	4:40	0.5	4:13	0.4	7:02	6:21	
11	Sun	10:45	4.4	10:43	5.2	5:39	0.5	5:24	0.5	7:03	6:19	
12	Mon	11:52	4.5			6:39	0.4	6:34	0.5	7:05	6:17	
13	Tue	12:04	5.1	12:55	4.7	7:37	0.2	7:41	0.3	7:06	6:16	
14	Wed	1:13	5.2	1:53	5.0	8:32	-0.1	8:43	0.1	7:07	6:14	
15	Thu	2:12	5.3	2:47	5.4	9:24	-0.3	9:41	-0.1	7:08	6:12	
16	Fri	3:06	5.4	3:36	5.6	10:13	-0.4	10:36	-0.3	7:09	6:11	
17	Sat	3:55	5.4	4:22	5.8	11:00	-0.5	11:27	-0.3	7:10	6:09	
18	Sun	4:42	5.4	5:06	5.9	11:44	-0.4			7:12	6:08	
19	Mon	5:28	5.2	5:49	5.8	12:17	-0.3	12:26	-0.2	7:13	6:06	
20	Tue	6:15	5.0	6:32	5.6	1:05	-0.1	1:07	0.0	7:14	6:04	
21	Wed	7:04	4.8	7:17	5.5	1:52	0.1	1:48	0.3	7:15	6:03	
22	Thu	7:56	4.6	8:03	5.3	2:39	0.3	2:27	0.5	7:16	6:01	
23	Fri	8:50	4.4	8:52	5.1	3:26	0.5	3:08	0.7	7:18	6:00	
24	Sat	9:44	4.3	9:45	5.0	4:14	0.6	3:53	0.9	7:19	5:58	
25	Sun	10:39	4.3	10:40	4.9	5:04	0.7	4:44	1.0	7:20	5:57	
26	Mon	11:33	4.3	11:37	4.8	5:55	0.8	5:43	1.1	7:21	5:56	
27	Tue			12:27	4.4	6:45	0.7	6:44	1.1	7:23	5:54	
28	Wed	12:34	4.8	1:19	4.6	7:33	0.7	7:45	1.0	7:24	5:53	
29	Thu	1:28	4.8	2:07	4.8	8:20	0.6	8:42	0.8	7:25	5:51	
30	Fri	2:17	4.8	2:49	5.0	9:05	0.4	9:37	0.6	7:26	5:50	
31	Sat	3:03	4.8	3:27	5.3	9:48	0.4	10:29	0.4	7:28	5:49	