
































Albany, NY - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:54	5.6	8:56	5.0	2:29	1.4	3:22	0.8	5:19	8:26	
2	Wed	8:43	5.5	9:47	5.0	3:13	1.5	4:04	0.9	5:19	8:26	
3	Thu	9:34	5.3	10:38	5.1	4:02	1.6	4:46	1.0	5:18	8:27	
4	Fri	10:29	5.1	11:27	5.1	4:56	1.7	5:29	1.0	5:18	8:28	
5	Sat	11:27	4.9			5:56	1.7	6:13	1.0	5:17	8:29	
6	Sun	12:17	5.3	12:25	4.7	6:58	1.6	7:00	1.1	5:17	8:29	
7	Mon	1:05	5.4	1:22	4.6	7:58	1.4	7:48	1.0	5:17	8:30	
8	Tue	1:51	5.6	2:15	4.6	8:56	1.1	8:38	1.0	5:17	8:30	
9	Wed	2:33	5.8	3:05	4.6	9:50	0.8	9:28	0.9	5:16	8:31	
10	Thu	3:11	6.0	3:50	4.6	10:42	0.6	10:18	0.9	5:16	8:32	
11	Fri	3:45	6.1	4:34	4.7	11:31	0.4	11:08	0.8	5:16	8:32	
12	Sat	4:20	6.2	5:18	4.8			12:18	0.2	5:16	8:33	
13	Sun	4:58	6.2	6:04	4.8			1:05	0.1	5:16	8:33	
14	Mon	5:42	6.2	6:55	4.9	12:48	0.6	1:52	0.0	5:16	8:34	
15	Tue	6:34	6.1	7:49	5.1	1:39	0.5	2:39	0.0	5:16	8:34	
16	Wed	7:33	5.9	8:46	5.2	2:33	0.5	3:28	0.0	5:16	8:34	
17	Thu	8:39	5.7	9:43	5.4	3:30	0.5	4:18	-0.1	5:16	8:35	
18	Fri	9:46	5.6	10:39	5.6	4:30	0.5	5:09	0.0	5:16	8:35	
19	Sat	10:51	5.4	11:36	5.7	5:32	0.5	6:02	0.0	5:16	8:35	
20	Sun	11:54	5.2			6:35	0.5	6:56	0.0	5:16	8:36	
21	Mon	12:33	5.9	12:55	5.0	7:37	0.4	7:50	0.0	5:17	8:36	
22	Tue	1:28	6.0	1:53	5.0	8:37	0.2	8:43	0.1	5:17	8:36	
23	Wed	2:21	6.0	2:48	5.0	9:34	0.1	9:35	0.1	5:17	8:36	
24	Thu	3:10	6.1	3:40	5.0	10:27	-0.1	10:25	0.2	5:17	8:36	
25	Fri	3:57	6.0	4:28	4.9	11:17	-0.1	11:12	0.3	5:18	8:37	
26	Sat	4:40	5.9	5:16	4.9			12:03	-0.1	5:18	8:37	
27	Sun	5:22	5.8	6:02	4.8			12:47	-0.1	5:19	8:37	
28	Mon	6:03	5.6	6:49	4.7	12:40	0.6	1:28	0.0	5:19	8:37	
29	Tue	6:43	5.4	7:35	4.6	1:21	0.7	2:07	0.1	5:19	8:36	
30	Wed	7:23	5.2	8:21	4.6	2:01	0.9	2:44	0.2	5:20	8:36	