
































## Albany, NY - Sep 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:47	3.9	9:47	5.1	5:19	0.7	4:17	0.2	6:19	7:29	
2	Thu	11:12	3.7	10:50	4.9	6:24	0.7	5:26	0.4	6:21	7:28	
3	Fri			12:30	3.7	7:27	0.5	6:53	0.4	6:22	7:26	
4	Sat	12:14	4.9	1:35	3.9	8:27	0.3	8:10	0.3	6:23	7:24	
5	Sun	1:37	5.0	2:32	4.2	9:22	0.0	9:16	0.1	6:24	7:23	
6	Mon	2:40	5.1	3:24	4.6	10:14	-0.3	10:15	-0.2	6:25	7:21	
7	Tue	3:34	5.3	4:12	4.9	11:03	-0.6	11:10	-0.4	6:26	7:19	
8	Wed	4:24	5.4	4:59	5.2	11:49	-0.8			6:27	7:17	
9	Thu	5:14	5.4	5:46	5.4	12:03	-0.6	12:34	-0.8	6:28	7:16	
10	Fri	6:04	5.3	6:35	5.4	12:55	-0.6	1:19	-0.8	6:29	7:14	
11	Sat	6:57	5.1	7:26	5.4	1:47	-0.5	2:05	-0.7	6:30	7:12	
12	Sun	7:53	4.9	8:20	5.4	2:40	-0.4	2:51	-0.5	6:31	7:10	
13	Mon	8:51	4.7	9:16	5.2	3:35	-0.2	3:40	-0.3	6:32	7:08	
14	Tue	9:51	4.5	10:14	5.1	4:31	0.0	4:32	0.0	6:33	7:07	
15	Wed	10:50	4.4	11:13	5.0	5:29	0.1	5:28	0.2	6:34	7:05	
16	Thu	11:50	4.3			6:27	0.2	6:26	0.3	6:35	7:03	
17	Fri	12:13	4.9	12:49	4.3	7:24	0.2	7:24	0.3	6:37	7:01	
18	Sat	1:10	4.9	1:46	4.5	8:18	0.1	8:20	0.3	6:38	7:00	
19	Sun	2:04	5.0	2:38	4.6	9:08	-0.1	9:12	0.2	6:39	6:58	
20	Mon	2:53	5.0	3:25	4.8	9:53	-0.2	10:02	0.1	6:40	6:56	
21	Tue	3:37	5.1	4:07	5.0	10:35	-0.2	10:48	0.1	6:41	6:54	
22	Wed	4:18	5.1	4:46	5.1	11:13	-0.2	11:32	0.1	6:42	6:52	
23	Thu	4:56	5.0	5:21	5.1	11:48	-0.2			6:43	6:51	
24	Fri	5:32	4.8	5:50	5.2	12:14	0.1	12:20	-0.1	6:44	6:49	
25	Sat	6:05	4.7	6:09	5.2	12:56	0.2	12:50	0.0	6:45	6:47	
26	Sun	6:35	4.5	6:24	5.4	1:38	0.2	1:18	0.1	6:46	6:45	
27	Mon	7:05	4.4	6:56	5.5	2:22	0.4	1:48	0.1	6:47	6:43	
28	Tue	7:43	4.3	7:38	5.5	3:09	0.5	2:25	0.2	6:48	6:42	
29	Wed	8:34	4.2	8:27	5.5	4:01	0.6	3:10	0.3	6:50	6:40	
30	Thu	9:40	4.1	9:23	5.3	4:58	0.7	4:08	0.5	6:51	6:38	