
































Albany, NY - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:46	5.0	7:26	0.2	7:38	0.4	7:28	5:48	
2	Tue	1:00	5.2	1:43	5.3	8:20	0.0	8:41	0.2	7:30	5:46	
3	Wed	2:01	5.3	2:36	5.6	9:12	-0.1	9:40	0.0	7:31	5:45	
4	Thu	2:56	5.3	3:25	5.9	10:03	-0.3	10:36	-0.2	7:32	5:44	
5	Fri	3:48	5.3	4:12	6.0	10:52	-0.3	11:30	-0.3	7:34	5:43	
6	Sat	4:37	5.3	4:58	6.0	11:39	-0.3			7:35	5:41	
7	Sun	4:27	5.2	4:44	5.9	12:21	-0.3	11:25 AM	-0.1	6:36	4:40	
8	Mon	5:17	5.0	5:32	5.7	12:11	-0.1	12:11	0.0	6:37	4:39	
9	Tue	6:11	4.8	6:22	5.5	1:00	0.0	12:57	0.3	6:39	4:38	
10	Wed	7:06	4.7	7:16	5.3	1:49	0.2	1:44	0.5	6:40	4:37	
11	Thu	8:02	4.6	8:12	5.1	2:39	0.4	2:33	0.7	6:41	4:36	
12	Fri	8:58	4.6	9:07	5.0	3:28	0.5	3:25	0.8	6:42	4:35	
13	Sat	9:53	4.6	10:03	4.9	4:18	0.6	4:19	1.0	6:44	4:34	
14	Sun	10:47	4.6	10:59	4.8	5:06	0.6	5:16	1.0	6:45	4:33	
15	Mon	11:40	4.8	11:53	4.7	5:54	0.6	6:14	1.0	6:46	4:32	
16	Tue			12:30	4.9	6:41	0.6	7:10	0.8	6:47	4:31	
17	Wed	12:46	4.7	1:17	5.1	7:26	0.5	8:04	0.7	6:49	4:30	
18	Thu	1:35	4.7	2:00	5.3	8:10	0.5	8:56	0.5	6:50	4:30	
19	Fri	2:20	4.6	2:38	5.4	8:52	0.4	9:45	0.3	6:51	4:29	
20	Sat	3:03	4.6	3:11	5.5	9:33	0.4	10:32	0.2	6:52	4:28	
21	Sun	3:43	4.5	3:37	5.6	10:14	0.4	11:18	0.2	6:53	4:27	
22	Mon	4:22	4.5	4:01	5.7	10:56	0.4			6:55	4:27	
23	Tue	5:01	4.5	4:33	5.7	12:04	0.2	11:39 AM	0.3	6:56	4:26	
24	Wed	5:43	4.5	5:16	5.7	12:49	0.2	12:25	0.3	6:57	4:25	
25	Thu	6:32	4.5	6:06	5.7	1:36	0.2	1:14	0.3	6:58	4:25	
26	Fri	7:27	4.6	7:05	5.5	2:24	0.2	2:08	0.3	6:59	4:24	
27	Sat	8:25	4.7	8:12	5.4	3:15	0.2	3:08	0.4	7:01	4:24	
28	Sun	9:24	4.9	9:26	5.3	4:07	0.1	4:12	0.4	7:02	4:23	
29	Mon	10:23	5.1	10:36	5.1	5:01	0.1	5:17	0.4	7:03	4:23	
30	Tue	11:22	5.3	11:41	5.1	5:55	0.0	6:21	0.3	7:04	4:23	