

































Albany, NY - Jul 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:34	5.8	5:30	4.6			12:22	-0.1	5:20	8:36	
2	Sat	5:06	5.8	6:11	4.7	12:04	0.3	1:05	-0.2	5:21	8:36	
3	Sun	5:44	5.8	6:54	4.8	12:51	0.3	1:49	-0.3	5:21	8:36	
4	Mon	6:29	5.8	7:41	5.0	1:40	0.2	2:32	-0.3	5:22	8:36	
5	Tue	7:21	5.6	8:31	5.1	2:31	0.2	3:17	-0.3	5:23	8:35	
6	Wed	8:19	5.4	9:25	5.3	3:26	0.3	4:04	-0.3	5:23	8:35	
7	Thu	9:24	5.2	10:21	5.4	4:26	0.3	4:54	-0.2	5:24	8:35	
8	Fri	10:33	4.9	11:19	5.5	5:29	0.4	5:47	-0.2	5:25	8:34	
9	Sat	11:41	4.7			6:33	0.3	6:44	-0.1	5:25	8:34	
10	Sun	12:19	5.5	12:47	4.6	7:37	0.2	7:43	-0.1	5:26	8:34	
11	Mon	1:18	5.6	1:50	4.6	8:39	0.0	8:41	-0.1	5:27	8:33	
12	Tue	2:15	5.6	2:47	4.6	9:37	-0.2	9:37	-0.1	5:28	8:33	
13	Wed	3:08	5.7	3:41	4.7	10:31	-0.4	10:30	-0.2	5:28	8:32	
14	Thu	3:58	5.7	4:32	4.7	11:22	-0.5	11:21	-0.1	5:29	8:31	
15	Fri	4:45	5.6	5:20	4.7			12:09	-0.5	5:30	8:31	
16	Sat	5:30	5.5	6:09	4.7	12:09	-0.1	12:53	-0.5	5:31	8:30	
17	Sun	6:15	5.3	6:57	4.7	12:55	0.1	1:35	-0.4	5:32	8:30	
18	Mon	7:00	5.1	7:44	4.7	1:40	0.3	2:15	-0.3	5:33	8:29	
19	Tue	7:47	4.9	8:32	4.6	2:24	0.4	2:53	-0.1	5:34	8:28	
20	Wed	8:34	4.7	9:18	4.7	3:10	0.6	3:29	0.0	5:34	8:27	
21	Thu	9:23	4.5	10:04	4.7	3:57	0.7	4:03	0.1	5:35	8:26	
22	Fri	10:16	4.2	10:50	4.7	4:50	0.8	4:37	0.3	5:36	8:26	
23	Sat	11:11	4.0	11:38	4.7	5:46	0.8	5:17	0.4	5:37	8:25	
24	Sun			12:09	3.8	6:46	0.8	6:07	0.5	5:38	8:24	
25	Mon	12:28	4.8	1:07	3.7	7:45	0.6	7:08	0.5	5:39	8:23	
26	Tue	1:20	4.8	2:03	3.8	8:41	0.4	8:10	0.5	5:40	8:22	
27	Wed	2:09	5.0	2:53	3.9	9:35	0.1	9:09	0.3	5:41	8:21	
28	Thu	2:55	5.1	3:40	4.1	10:24	-0.1	10:05	0.2	5:42	8:20	
29	Fri	3:36	5.2	4:23	4.3	11:11	-0.4	10:57	0.0	5:43	8:19	
30	Sat	4:15	5.4	5:04	4.5	11:56	-0.5	11:48	-0.2	5:44	8:18	
31	Sun	4:54	5.4	5:45	4.6			12:39	-0.7	5:45	8:17	