

































Albany, NY - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:42	5.1	11:14	4.5	4:01	1.1	5:42	1.1	6:29	5:44	
2	Fri	10:59	5.1			5:08	1.2	6:39	1.0	6:27	5:46	
3	Sat	12:09	4.6	12:06	5.1	6:18	1.1	7:34	0.9	6:26	5:47	
4	Sun	1:01	4.8	1:02	5.2	7:23	1.0	8:26	0.7	6:24	5:48	
5	Mon	1:49	5.0	1:52	5.4	8:22	0.8	9:14	0.5	6:22	5:49	
6	Tue	2:33	5.3	2:36	5.6	9:17	0.5	10:00	0.4	6:21	5:51	
7	Wed	3:13	5.6	3:18	5.7	10:10	0.3	10:44	0.3	6:19	5:52	
8	Thu	3:51	5.8	4:01	5.7	11:00	0.2	11:28	0.2	6:17	5:53	
9	Fri	4:30	6.0	4:47	5.7	11:50	0.1			6:16	5:54	
10	Sat	5:11	6.1	5:38	5.6	12:12	0.2	12:41	0.1	6:14	5:55	
11	Sun	6:58	6.1	7:35	5.5	12:57	0.3	2:34	0.2	7:12	6:57	
12	Mon	7:51	6.1	8:38	5.4	2:45	0.4	3:29	0.3	7:10	6:58	
13	Tue	8:52	6.0	9:42	5.3	3:37	0.5	4:27	0.5	7:09	6:59	
14	Wed	9:57	5.9	10:46	5.3	4:34	0.6	5:27	0.5	7:07	7:00	
15	Thu	11:04	5.7	11:49	5.3	5:35	0.7	6:28	0.6	7:05	7:01	
16	Fri			12:10	5.7	6:37	0.7	7:27	0.5	7:03	7:02	
17	Sat	12:51	5.4	1:12	5.7	7:38	0.6	8:24	0.4	7:02	7:04	
18	Sun	1:49	5.6	2:10	5.8	8:36	0.5	9:17	0.3	7:00	7:05	
19	Mon	2:42	5.8	3:02	5.9	9:31	0.3	10:06	0.2	6:58	7:06	
20	Tue	3:31	6.0	3:49	5.9	10:23	0.3	10:51	0.2	6:56	7:07	
21	Wed	4:16	6.1	4:33	5.9	11:11	0.2	11:33	0.3	6:55	7:08	
22	Thu	4:58	6.2	5:16	5.8	11:56	0.3			6:53	7:09	
23	Fri	5:38	6.1	5:58	5.7	12:11	0.5	12:39	0.4	6:51	7:11	
24	Sat	6:15	6.1	6:40	5.5	12:47	0.7	1:21	0.6	6:49	7:12	
25	Sun	6:50	6.0	7:24	5.4	1:19	0.9	2:03	0.8	6:48	7:13	
26	Mon	7:17	5.9	8:09	5.2	1:48	1.0	2:44	0.9	6:46	7:14	
27	Tue	7:29	5.9	8:56	5.1	2:14	1.2	3:28	1.1	6:44	7:15	
28	Wed	7:56	5.9	9:45	5.0	2:44	1.3	4:15	1.2	6:42	7:16	
29	Thu	8:38	5.8	10:38	4.9	3:25	1.4	5:07	1.3	6:41	7:17	
30	Fri	9:27	5.7	11:34	5.0	4:18	1.5	6:03	1.4	6:39	7:19	
31	Sat	10:26	5.6			5:27	1.6	6:59	1.4	6:37	7:20	