

































Albany, NY - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:25	5.8	3:01	4.7	9:57	0.0	9:57	0.1	5:21	8:36	
2	Mon	3:19	5.9	3:56	4.8	10:52	-0.2	10:52	0.0	5:21	8:36	
3	Tue	4:10	6.0	4:49	4.9	11:44	-0.4	11:45	-0.1	5:22	8:36	
4	Wed	5:01	5.9	5:41	4.9			12:34	-0.5	5:22	8:36	
5	Thu	5:51	5.8	6:34	4.9	12:36	-0.1	1:22	-0.5	5:23	8:35	
6	Fri	6:43	5.6	7:28	4.9	1:26	0.0	2:08	-0.5	5:24	8:35	
7	Sat	7:37	5.4	8:22	4.9	2:17	0.1	2:54	-0.4	5:24	8:35	
8	Sun	8:31	5.2	9:16	5.0	3:08	0.3	3:39	-0.2	5:25	8:34	
9	Mon	9:26	5.0	10:08	5.0	4:00	0.4	4:24	-0.1	5:26	8:34	
10	Tue	10:20	4.7	10:59	5.0	4:54	0.6	5:09	0.1	5:27	8:33	
11	Wed	11:15	4.5	11:51	5.1	5:50	0.6	5:55	0.2	5:27	8:33	
12	Thu			12:11	4.4	6:46	0.6	6:42	0.3	5:28	8:32	
13	Fri	12:42	5.1	1:07	4.3	7:42	0.5	7:31	0.4	5:29	8:32	
14	Sat	1:33	5.1	2:01	4.2	8:37	0.3	8:21	0.4	5:30	8:31	
15	Sun	2:21	5.2	2:52	4.3	9:28	0.1	9:10	0.4	5:31	8:30	
16	Mon	3:05	5.3	3:39	4.3	10:16	-0.1	9:58	0.3	5:32	8:30	
17	Tue	3:46	5.4	4:22	4.4	11:01	-0.3	10:44	0.2	5:32	8:29	
18	Wed	4:21	5.4	5:03	4.4	11:44	-0.4	11:29	0.1	5:33	8:28	
19	Thu	4:52	5.4	5:41	4.5			12:25	-0.4	5:34	8:27	
20	Fri	5:19	5.4	6:17	4.6	12:13	0.1	1:05	-0.5	5:35	8:27	
21	Sat	5:48	5.4	6:52	4.7	12:57	0.0	1:44	-0.5	5:36	8:26	
22	Sun	6:26	5.4	7:29	4.9	1:43	0.1	2:23	-0.5	5:37	8:25	
23	Mon	7:12	5.2	8:11	5.1	2:31	0.1	3:04	-0.4	5:38	8:24	
24	Tue	8:03	5.1	8:59	5.2	3:24	0.2	3:47	-0.4	5:39	8:23	
25	Wed	9:02	4.8	9:54	5.2	4:23	0.3	4:36	-0.3	5:40	8:22	
26	Thu	10:13	4.5	10:57	5.2	5:27	0.3	5:32	-0.2	5:41	8:21	
27	Fri	11:30	4.3			6:33	0.3	6:34	-0.1	5:42	8:20	
28	Sat	12:03	5.2	12:42	4.2	7:38	0.2	7:38	-0.1	5:43	8:19	
29	Sun	1:09	5.3	1:48	4.3	8:40	-0.1	8:40	-0.2	5:44	8:18	
30	Mon	2:10	5.3	2:47	4.4	9:38	-0.3	9:39	-0.3	5:45	8:17	
31	Tue	3:06	5.5	3:42	4.6	10:32	-0.6	10:35	-0.4	5:46	8:16	