

































Albany, NY - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:37	4.7	6:06	5.3	1:31	0.0	1:20	0.3	7:25	4:32	
2	Wed	7:09	4.8	6:53	5.2	2:10	0.1	2:08	0.3	7:25	4:33	
3	Thu	7:49	4.9	7:46	5.1	2:50	0.1	3:03	0.4	7:25	4:34	
4	Fri	8:39	5.0	8:45	4.9	3:35	0.1	4:06	0.5	7:25	4:35	
5	Sat	9:37	5.1	9:59	4.6	4:28	0.2	5:15	0.6	7:25	4:36	
6	Sun	10:44	5.1	11:22	4.5	5:28	0.2	6:23	0.5	7:24	4:37	
7	Mon	11:52	5.2			6:30	0.2	7:28	0.3	7:24	4:38	
8	Tue	12:32	4.5	12:55	5.4	7:32	0.1	8:28	0.1	7:24	4:39	
9	Wed	1:33	4.6	1:52	5.5	8:32	-0.1	9:25	-0.2	7:24	4:40	
10	Thu	2:29	4.8	2:46	5.7	9:28	-0.2	10:18	-0.4	7:24	4:41	
11	Fri	3:22	4.9	3:38	5.7	10:22	-0.4	11:09	-0.5	7:23	4:42	
12	Sat	4:14	5.0	4:30	5.7	11:14	-0.5	11:58	-0.6	7:23	4:43	
13	Sun	5:06	5.0	5:23	5.6			12:05	-0.5	7:22	4:44	
14	Mon	5:59	5.0	6:17	5.5	12:46	-0.5	12:56	-0.4	7:22	4:45	
15	Tue	6:54	5.0	7:12	5.3	1:33	-0.5	1:47	-0.2	7:22	4:47	
16	Wed	7:48	5.0	8:07	5.2	2:19	-0.3	2:39	-0.1	7:21	4:48	
17	Thu	8:41	5.0	9:02	5.0	3:06	-0.2	3:32	0.1	7:21	4:49	
18	Fri	9:34	5.0	9:56	4.8	3:52	0.0	4:27	0.3	7:20	4:50	
19	Sat	10:27	5.0	10:51	4.7	4:40	0.1	5:23	0.4	7:19	4:51	
20	Sun	11:20	5.0	11:47	4.6	5:29	0.3	6:19	0.4	7:19	4:53	
21	Mon			12:12	5.0	6:19	0.4	7:14	0.3	7:18	4:54	
22	Tue	12:41	4.6	1:03	5.1	7:09	0.4	8:06	0.2	7:17	4:55	
23	Wed	1:32	4.7	1:50	5.2	7:59	0.4	8:55	0.1	7:16	4:56	
24	Thu	2:20	4.7	2:33	5.2	8:46	0.3	9:41	0.0	7:16	4:58	
25	Fri	3:05	4.8	3:12	5.3	9:32	0.2	10:25	-0.1	7:15	4:59	
26	Sat	3:46	4.8	3:47	5.3	10:16	0.1	11:06	-0.1	7:14	5:00	
27	Sun	4:24	4.8	4:17	5.3	10:59	0.1	11:45	-0.1	7:13	5:02	
28	Mon	5:00	4.9	4:42	5.3	11:42	0.1			7:12	5:03	
29	Tue	5:31	4.9	5:11	5.3	12:24	-0.1	12:25	0.1	7:11	5:04	
30	Wed	6:00	5.1	5:51	5.3	1:02	0.0	1:11	0.2	7:10	5:05	
31	Thu	6:34	5.2	6:39	5.2	1:40	0.0	1:59	0.2	7:09	5:07	