

































## Albany, NY - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:05	5.9	6:32	5.3	1:14	0.3	1:49	0.4	6:29	5:44	
2	Sat	6:51	5.9	7:32	5.2	1:58	0.4	2:43	0.5	6:28	5:45	
3	Sun	7:45	5.9	8:42	5.1	2:47	0.5	3:42	0.6	6:26	5:47	
4	Mon	8:50	5.7	9:53	5.0	3:45	0.6	4:44	0.7	6:24	5:48	
5	Tue	10:05	5.6	11:00	5.0	4:48	0.7	5:47	0.6	6:23	5:49	
6	Wed	11:18	5.6			5:54	0.6	6:48	0.5	6:21	5:50	
7	Thu	12:05	5.2	12:24	5.7	6:57	0.5	7:46	0.3	6:19	5:52	
8	Fri	1:04	5.4	1:25	5.8	7:57	0.3	8:41	0.1	6:18	5:53	
9	Sat	1:59	5.7	2:19	5.9	8:54	0.1	9:31	0.0	6:16	5:54	
10	Sun	3:49	5.9	4:09	6.0	10:47	-0.1	11:19	-0.1	7:14	6:55	
11	Mon	4:36	6.0	4:56	6.0	11:38	-0.1			7:13	6:56	
12	Tue	5:22	6.0	5:42	5.9	12:04	0.0	12:26	0.0	7:11	6:57	
13	Wed	6:06	6.0	6:29	5.8	12:47	0.1	1:13	0.1	7:09	6:59	
14	Thu	6:51	5.9	7:17	5.6	1:27	0.4	1:59	0.3	7:07	7:00	
15	Fri	7:35	5.8	8:07	5.4	2:07	0.6	2:45	0.6	7:06	7:01	
16	Sat	8:19	5.7	8:59	5.2	2:44	0.9	3:32	0.8	7:04	7:02	
17	Sun	9:05	5.5	9:52	5.1	3:21	1.1	4:21	1.0	7:02	7:03	
18	Mon	9:53	5.4	10:46	5.0	4:00	1.3	5:12	1.1	7:00	7:05	
19	Tue	10:45	5.3	11:41	5.0	4:47	1.4	6:05	1.2	6:59	7:06	
20	Wed	11:42	5.2			5:43	1.5	7:00	1.2	6:57	7:07	
21	Thu	12:36	5.0	12:40	5.2	6:46	1.5	7:53	1.1	6:55	7:08	
22	Fri	1:29	5.1	1:36	5.3	7:47	1.4	8:43	1.0	6:53	7:09	
23	Sat	2:18	5.3	2:26	5.4	8:45	1.2	9:31	0.9	6:52	7:10	
24	Sun	3:03	5.6	3:11	5.5	9:40	1.0	10:17	0.7	6:50	7:11	
25	Mon	3:44	5.8	3:52	5.6	10:31	0.8	11:00	0.7	6:48	7:13	
26	Tue	4:20	6.0	4:30	5.7	11:20	0.6	11:42	0.6	6:46	7:14	
27	Wed	4:53	6.2	5:07	5.7			12:08	0.5	6:45	7:15	
28	Thu	5:25	6.3	5:47	5.7	12:24	0.6	12:57	0.5	6:43	7:16	
29	Fri	5:59	6.4	6:34	5.6	1:06	0.6	1:46	0.5	6:41	7:17	
30	Sat	6:41	6.5	7:30	5.5	1:51	0.7	2:37	0.5	6:39	7:18	
31	Sun	7:32	6.4	8:33	5.5	2:39	0.8	3:31	0.6	6:38	7:19	