

































Albany, NY - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:58	5.7	2:30	5.0	9:23	0.0	9:25	-0.1	5:21	8:36	
2	Sat	2:52	5.9	3:26	5.1	10:20	-0.3	10:20	-0.1	5:21	8:36	
3	Sun	3:43	6.0	4:18	5.1	11:13	-0.5	11:12	-0.2	5:22	8:36	
4	Mon	4:32	5.9	5:09	5.1			12:04	-0.6	5:23	8:36	
5	Tue	5:20	5.8	6:01	5.0	12:02	-0.1	12:52	-0.6	5:23	8:35	
6	Wed	6:09	5.6	6:53	5.0	12:51	0.0	1:39	-0.6	5:24	8:35	
7	Thu	6:59	5.4	7:46	4.9	1:39	0.1	2:25	-0.4	5:25	8:35	
8	Fri	7:51	5.2	8:39	4.9	2:27	0.3	3:11	-0.3	5:25	8:34	
9	Sat	8:44	5.0	9:31	4.9	3:16	0.5	3:55	-0.1	5:26	8:34	
10	Sun	9:37	4.8	10:22	4.9	4:07	0.7	4:40	0.0	5:27	8:33	
11	Mon	10:31	4.6	11:13	4.9	5:00	0.8	5:25	0.2	5:27	8:33	
12	Tue	11:27	4.4			5:55	0.8	6:11	0.3	5:28	8:32	
13	Wed	12:04	5.0	12:23	4.3	6:52	0.8	6:59	0.4	5:29	8:32	
14	Thu	12:55	5.0	1:18	4.2	7:49	0.6	7:48	0.4	5:30	8:31	
15	Fri	1:44	5.1	2:12	4.2	8:43	0.4	8:37	0.4	5:31	8:30	
16	Sat	2:31	5.3	3:01	4.2	9:35	0.2	9:26	0.3	5:32	8:30	
17	Sun	3:14	5.4	3:47	4.2	10:24	-0.1	10:14	0.2	5:32	8:29	
18	Mon	3:52	5.4	4:29	4.3	11:10	-0.2	11:01	0.1	5:33	8:28	
19	Tue	4:27	5.5	5:09	4.4	11:54	-0.4	11:47	0.0	5:34	8:27	
20	Wed	4:59	5.5	5:47	4.4			12:37	-0.5	5:35	8:27	
21	Thu	5:30	5.6	6:25	4.6	12:33	0.0	1:19	-0.5	5:36	8:26	
22	Fri	6:08	5.5	7:04	4.7	1:20	-0.1	2:01	-0.6	5:37	8:25	
23	Sat	6:54	5.5	7:49	4.8	2:08	-0.1	2:44	-0.6	5:38	8:24	
24	Sun	7:47	5.3	8:40	5.0	3:00	0.0	3:29	-0.5	5:39	8:23	
25	Mon	8:47	5.2	9:35	5.1	3:56	0.0	4:18	-0.5	5:40	8:22	
26	Tue	9:55	4.9	10:35	5.1	4:56	0.1	5:10	-0.4	5:41	8:21	
27	Wed	11:03	4.7	11:37	5.2	5:59	0.1	6:07	-0.3	5:42	8:20	
28	Thu			12:11	4.6	7:03	0.0	7:07	-0.3	5:43	8:19	
29	Fri	12:40	5.2	1:15	4.6	8:05	-0.2	8:07	-0.3	5:44	8:18	
30	Sat	1:40	5.3	2:14	4.6	9:04	-0.4	9:05	-0.4	5:45	8:17	
31	Sun	2:37	5.4	3:10	4.7	10:00	-0.6	10:01	-0.4	5:46	8:16	