US HARBORS www.USHarbors.com

Albany, NY - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:26	5.0	12:46	5.4	7:03	0.7	7:53	0.4	6:30	5:44	
2	Sat	1:19	5.1	1:37	5.5	7:55	0.7	8:43	0.3	6:28	5:45	
3	Sun	2:09	5.2	2:24	5.6	8:45	0.6	9:29	0.3	6:27	5:46	
4	Mon	2:55	5.3	3:07	5.6	9:31	0.5	10:11	0.3	6:25	5:47	
5	Tue	3:37	5.4	3:47	5.6	10:15	0.5	10:50	0.3	6:23	5:49	
6	Wed	4:17	5.4	4:24	5.6	10:57	0.5	11:27	0.4	6:22	5:50	
7	Thu	4:53	5.4	4:58	5.5	11:38	0.5			6:20	5:51	
8	Fri	5:23	5.4	5:29	5.4	12:01	0.5	12:19	0.6	6:18	5:52	
9	Sat	5:43	5.5	5:56	5.3	12:33	0.6	1:00	0.7	6:17	5:53	
10	Sun	6:59	5.7	7:29	5.3	1:03	0.6	2:44	0.8	7:15	6:55	
11	Mon	7:33	5.8	8:13	5.2	2:33	0.7	3:32	0.9	7:13	6:56	
12	Tue	8:16	5.9	9:08	5.0	3:08	0.8	4:28	1.0	7:12	6:57	
13	Wed	9:05	5.9	10:17	4.9	3:53	0.9	5:30	1.1	7:10	6:58	
14	Thu	10:02	5.8	11:36	4.9	4:53	1.1	6:34	1.1	7:08	6:59	
15	Fri	11:10	5.6			6:10	1.1	7:38	1.0	7:06	7:00	
16	Sat	12:46	4.9	12:40	5.6	7:27	1.1	8:37	0.8	7:05	7:02	
17	Sun	1:49	5.2	1:56	5.7	8:35	0.9	9:34	0.6	7:03	7:03	
18	Mon	2:45	5.5	2:57	5.9	9:36	0.6	10:26	0.3	7:01	7:04	
19	Tue	3:36	5.8	3:52	6.1	10:33	0.3	11:16	0.1	6:59	7:05	
20	Wed	4:25	6.0	4:43	6.2	11:27	0.1			6:58	7:06	
21	Thu	5:13	6.2	5:33	6.1	12:03	0.1	12:19	0.0	6:56	7:07	
22	Fri	6:00	6.2	6:25	6.0	12:50	0.1	1:10	0.0	6:54	7:09	
23	Sat	6:50	6.2	7:18	5.9	1:35	0.2	2:01	0.1	6:52	7:10	
24	Sun	7:40	6.2	8:14	5.7	2:21	0.4	2:52	0.3	6:51	7:11	
25	Mon	8:33	6.0	9:10	5.5	3:07	0.6	3:45	0.6	6:49	7:12	
26	Tue	9:27	5.9	10:08	5.4	3:55	0.9	4:40	0.8	6:47	7:13	
27	Wed	10:23	5.8	11:05	5.3	4:45	1.1	5:36	0.9	6:45	7:14	
28	Thu	11:20	5.6			5:39	1.3	6:32	1.0	6:44	7:16	
29	Fri	12:03	5.3	12:18	5.6	6:35	1.4	7:27	1.0	6:42	7:17	
30	Sat	12:59	5.3	1:14	5.6	7:31	1.4	8:19	0.9	6:40	7:18	
31	Sun	1:53	5.5	2:07	5.6	8:25	1.3	9:08	0.9	6:38	7:19	