

Albany, NY - Jun 2019

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:36 | 6.1 | 4:03 | 5.1 | 10:50 | 0.7 | 10:39 | 0.8 | 5:19 | 8:25 | ☾ |
| 2 | Sun | 4:07 | 6.2 | 4:44 | 5.0 | 11:38 | 0.5 | 11:23 | 0.8 | 5:19 | 8:26 | ☾ |
| 3 | Mon | 4:34 | 6.3 | 5:25 | 5.0 | | | 12:26 | 0.4 | 5:18 | 8:27 | ● |
| 4 | Tue | 5:03 | 6.4 | 6:09 | 5.0 | 12:07 | 0.8 | 1:13 | 0.3 | 5:18 | 8:28 | ● |
| 5 | Wed | 5:42 | 6.4 | 6:58 | 5.0 | 12:53 | 0.8 | 2:01 | 0.3 | 5:18 | 8:28 | ● |
| 6 | Thu | 6:29 | 6.3 | 7:54 | 5.0 | 1:42 | 0.8 | 2:50 | 0.3 | 5:17 | 8:29 | ● |
| 7 | Fri | 7:23 | 6.2 | 8:53 | 5.1 | 2:35 | 0.8 | 3:40 | 0.3 | 5:17 | 8:30 | ☾ |
| 8 | Sat | 8:29 | 6.0 | 9:52 | 5.3 | 3:33 | 0.8 | 4:33 | 0.3 | 5:17 | 8:30 | ☾ |
| 9 | Sun | 9:44 | 5.8 | 10:51 | 5.4 | 4:34 | 0.8 | 5:27 | 0.2 | 5:16 | 8:31 | ☾ |
| 10 | Mon | 10:56 | 5.6 | 11:50 | 5.6 | 5:38 | 0.8 | 6:22 | 0.2 | 5:16 | 8:32 | ☾ |
| 11 | Tue | | | 12:03 | 5.5 | 6:42 | 0.7 | 7:16 | 0.1 | 5:16 | 8:32 | ☾ |
| 12 | Wed | 12:47 | 5.8 | 1:06 | 5.4 | 7:45 | 0.5 | 8:10 | 0.1 | 5:16 | 8:33 | ☾ |
| 13 | Thu | 1:42 | 6.1 | 2:04 | 5.4 | 8:44 | 0.3 | 9:02 | 0.0 | 5:16 | 8:33 | ☾ |
| 14 | Fri | 2:34 | 6.2 | 2:58 | 5.4 | 9:41 | 0.1 | 9:52 | 0.0 | 5:16 | 8:34 | ☾ |
| 15 | Sat | 3:22 | 6.4 | 3:48 | 5.4 | 10:35 | -0.1 | 10:41 | 0.1 | 5:16 | 8:34 | ☾ |
| 16 | Sun | 4:08 | 6.4 | 4:37 | 5.3 | 11:25 | -0.2 | 11:27 | 0.2 | 5:16 | 8:34 | ☾ |
| 17 | Mon | 4:51 | 6.3 | 5:24 | 5.2 | | | 12:13 | -0.1 | 5:16 | 8:35 | ☾ |
| 18 | Tue | 5:34 | 6.1 | 6:12 | 5.0 | 12:11 | 0.4 | 12:59 | 0.0 | 5:16 | 8:35 | ☾ |
| 19 | Wed | 6:15 | 5.9 | 7:01 | 4.9 | 12:53 | 0.6 | 1:43 | 0.1 | 5:16 | 8:35 | ☾ |
| 20 | Thu | 6:57 | 5.7 | 7:50 | 4.8 | 1:34 | 0.8 | 2:25 | 0.3 | 5:16 | 8:36 | ☾ |
| 21 | Fri | 7:40 | 5.5 | 8:40 | 4.7 | 2:15 | 1.0 | 3:07 | 0.4 | 5:17 | 8:36 | ☾ |
| 22 | Sat | 8:24 | 5.3 | 9:30 | 4.7 | 2:56 | 1.1 | 3:47 | 0.5 | 5:17 | 8:36 | ☾ |
| 23 | Sun | 9:11 | 5.1 | 10:18 | 4.7 | 3:41 | 1.2 | 4:28 | 0.6 | 5:17 | 8:36 | ☾ |
| 24 | Mon | 10:02 | 4.9 | 11:07 | 4.8 | 4:33 | 1.3 | 5:10 | 0.6 | 5:17 | 8:36 | ☾ |
| 25 | Tue | 11:00 | 4.7 | 11:56 | 4.9 | 5:32 | 1.3 | 5:54 | 0.7 | 5:18 | 8:37 | ☾ |
| 26 | Wed | | | 12:00 | 4.5 | 6:35 | 1.3 | 6:41 | 0.7 | 5:18 | 8:37 | ☾ |
| 27 | Thu | 12:44 | 5.0 | 12:59 | 4.4 | 7:37 | 1.1 | 7:31 | 0.7 | 5:19 | 8:37 | ☾ |
| 28 | Fri | 1:31 | 5.2 | 1:55 | 4.3 | 8:37 | 0.9 | 8:23 | 0.6 | 5:19 | 8:37 | ☾ |
| 29 | Sat | 2:15 | 5.4 | 2:46 | 4.3 | 9:33 | 0.6 | 9:15 | 0.6 | 5:19 | 8:37 | ☾ |
| 30 | Sun | 2:55 | 5.6 | 3:34 | 4.4 | 10:26 | 0.3 | 10:07 | 0.5 | 5:20 | 8:36 | ☾ |