US HARBORS www.USHarbors.com

Albany, NY - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:32	5.7	4:20	4.5	11:17	0.1	10:58	0.4	5:20	8:36	
2	Tue	4:09	5.9	5:05	4.5			12:06	-0.1	5:21	8:36	
3	Wed	4:49	5.9	5:52	4.6			12:53	-0.3	5:22	8:36	
4	Thu	5:34	5.9	6:43	4.7	12:40	0.2	1:41	-0.4	5:22	8:36	
5	Fri	6:26	5.8	7:38	4.8	1:31	0.2	2:29	-0.4	5:23	8:35	
6	Sat	7:26	5.7	8:35	4.9	2:25	0.1	3:18	-0.4	5:23	8:35	
7	Sun	8:32	5.5	9:32	5.1	3:21	0.1	4:09	-0.4	5:24	8:35	
8	Mon	9:38	5.3	10:29	5.2	4:20	0.1	5:00	-0.4	5:25	8:34	
9	Tue	10:42	5.1	11:26	5.4	5:21	0.1	5:53	-0.4	5:25	8:34	
10	Wed	11:44	5.0			6:23	0.1	6:47	-0.4	5:26	8:34	
11	Thu	12:23	5.5	12:45	4.8	7:25	0.0	7:41	-0.3	5:27	8:33	
12	Fri	1:19	5.6	1:44	4.8	8:25	-0.1	8:34	-0.3	5:28	8:33	
13	Sat	2:12	5.7	2:39	4.8	9:22	-0.3	9:26	-0.3	5:28	8:32	
14	Sun	3:02	5.8	3:30	4.8	10:15	-0.4	10:16	-0.2	5:29	8:31	
15	Mon	3:48	5.8	4:19	4.8	11:05	-0.5	11:02	-0.1	5:30	8:31	
16	Tue	4:32	5.7	5:05	4.7	11:51	-0.5	11:47	0.0	5:31	8:30	
17	Wed	5:14	5.6	5:51	4.6			12:34	-0.4	5:32	8:30	
18	Thu	5:54	5.4	6:36	4.5	12:29	0.2	1:15	-0.3	5:33	8:29	
19	Fri	6:33	5.2	7:21	4.4	1:09	0.3	1:54	-0.2	5:34	8:28	
20	Sat	7:10	5.1	8:05	4.4	1:48	0.5	2:31	-0.1	5:35	8:27	
21	Sun	7:46	4.9	8:48	4.4	2:27	0.6	3:05	0.0	5:35	8:26	
22	Mon	8:18	4.8	9:28	4.5	3:09	0.7	3:37	0.0	5:36	8:26	
23	Tue	8:54	4.6	10:07	4.5	3:56	0.8	4:08	0.1	5:37	8:25	
24	Wed	9:41	4.3	10:44	4.6	4:53	0.9	4:43	0.2	5:38	8:24	
25	Thu	10:49	4.1	11:28	4.7	5:57	0.9	5:29	0.3	5:39	8:23	
26	Fri			12:08	3.9	7:03	0.8	6:27	0.3	5:40	8:22	
27	Sat	12:23	4.8	1:15	3.8	8:07	0.6	7:34	0.4	5:41	8:21	
28	Sun	1:20	4.9	2:14	3.9	9:06	0.3	8:40	0.3	5:42	8:20	
29	Mon	2:14	5.1	3:07	4.0	10:02	0.0	9:42	0.2	5:43	8:19	
30	Tue	3:04	5.3	3:57	4.2	10:54	-0.3	10:39	0.0	5:44	8:18	
31	Wed	3:52	5.5	4:45	4.3	11:43	-0.5	11:33	-0.2	5:45	8:17	