

































## Albany, NY - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:39	5.5	5:33	4.5			12:31	-0.7	5:46	8:15	
2	Fri	5:29	5.6	6:23	4.6	12:26	-0.3	1:18	-0.8	5:47	8:14	
3	Sat	6:23	5.5	7:16	4.8	1:18	-0.4	2:05	-0.9	5:48	8:13	
4	Sun	7:21	5.3	8:11	4.9	2:11	-0.4	2:53	-0.9	5:49	8:12	
5	Mon	8:22	5.2	9:07	5.0	3:06	-0.4	3:41	-0.8	5:50	8:11	
6	Tue	9:23	5.0	10:03	5.1	4:03	-0.3	4:31	-0.7	5:51	8:09	
7	Wed	10:23	4.8	11:00	5.2	5:02	-0.2	5:23	-0.6	5:53	8:08	
8	Thu	11:24	4.6	11:57	5.2	6:03	-0.2	6:17	-0.5	5:54	8:07	
9	Fri			12:24	4.5	7:04	-0.2	7:12	-0.4	5:55	8:05	
10	Sat	12:54	5.2	1:23	4.4	8:03	-0.3	8:07	-0.3	5:56	8:04	
11	Sun	1:49	5.3	2:19	4.4	8:59	-0.4	9:00	-0.3	5:57	8:03	
12	Mon	2:41	5.3	3:11	4.5	9:52	-0.5	9:51	-0.3	5:58	8:01	
13	Tue	3:28	5.3	3:59	4.6	10:41	-0.6	10:39	-0.2	5:59	8:00	
14	Wed	4:12	5.3	4:45	4.6	11:25	-0.7	11:23	-0.2	6:00	7:58	
15	Thu	4:54	5.3	5:28	4.6			12:07	-0.6	6:01	7:57	
16	Fri	5:32	5.2	6:10	4.5	12:06	-0.1	12:45	-0.5	6:02	7:55	
17	Sat	6:09	5.1	6:49	4.5	12:46	0.1	1:21	-0.4	6:03	7:54	
18	Sun	6:44	4.9	7:26	4.5	1:25	0.2	1:54	-0.3	6:04	7:52	
19	Mon	7:13	4.8	7:56	4.5	2:04	0.3	2:23	-0.2	6:05	7:51	
20	Tue	7:39	4.6	8:13	4.6	2:45	0.4	2:49	-0.2	6:06	7:49	
21	Wed	8:13	4.5	8:37	4.8	3:30	0.5	3:16	-0.1	6:08	7:48	
22	Thu	8:58	4.2	9:17	4.9	4:23	0.6	3:50	0.0	6:09	7:46	
23	Fri	9:54	4.0	10:06	4.9	5:26	0.7	4:36	0.1	6:10	7:45	
24	Sat	11:16	3.8	11:05	4.9	6:33	0.7	5:37	0.3	6:11	7:43	
25	Sun			12:39	3.7	7:38	0.5	6:58	0.4	6:12	7:41	
26	Mon	12:21	4.9	1:45	3.8	8:39	0.3	8:15	0.3	6:13	7:40	
27	Tue	1:41	5.0	2:42	4.1	9:35	0.0	9:22	0.1	6:14	7:38	
28	Wed	2:43	5.2	3:34	4.3	10:28	-0.3	10:21	-0.1	6:15	7:36	
29	Thu	3:38	5.3	4:23	4.6	11:18	-0.6	11:17	-0.4	6:16	7:35	
30	Fri	4:29	5.5	5:11	4.8			12:06	-0.8	6:17	7:33	
31	Sat	5:20	5.5	6:00	5.0	12:10	-0.5	12:53	-0.9	6:18	7:31	