











## Albany, NY - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:18	4.8	8:33	5.5	3:01	0.0	3:01	0.3	7:28	5:48	
2	Sat	9:15	4.7	9:29	5.3	3:53	0.2	3:50	0.5	7:30	5:47	
3	Sun	9:13	4.6	9:25	5.1	3:46	0.4	3:43	0.7	6:31	4:45	
4	Mon	10:09	4.6	10:22	5.0	4:39	0.4	4:38	0.8	6:32	4:44	
5	Tue	11:05	4.6	11:18	5.0	5:31	0.5	5:34	0.9	6:33	4:43	
6	Wed			12:00	4.7	6:22	0.4	6:31	0.8	6:35	4:42	
7	Thu	12:13	5.0	12:52	4.9	7:11	0.3	7:25	0.7	6:36	4:41	
8	Fri	1:04	5.0	1:39	5.1	7:57	0.3	8:18	0.6	6:37	4:39	
9	Sat	1:52	5.1	2:22	5.3	8:40	0.2	9:07	0.4	6:38	4:38	
10	Sun	2:36	5.0	3:01	5.4	9:20	0.2	9:55	0.3	6:40	4:37	
11	Mon	3:16	5.0	3:35	5.5	9:58	0.2	10:40	0.2	6:41	4:36	
12	Tue	3:55	4.9	4:02	5.6	10:35	0.2	11:25	0.2	6:42	4:35	
13	Wed	4:31	4.7	4:20	5.7	11:12	0.2			6:43	4:34	
14	Thu	5:06	4.6	4:43	5.8	12:10	0.2	11:49 AM	0.3	6:45	4:33	
15	Fri	5:43	4.6	5:20	5.8	12:56	0.3	12:28	0.3	6:46	4:32	
16	Sat	6:28	4.5	6:06	5.8	1:43	0.3	1:13	0.4	6:47	4:31	
17	Sun	7:24	4.5	6:59	5.7	2:33	0.3	2:04	0.5	6:48	4:31	
18	Mon	8:27	4.5	8:00	5.5	3:26	0.4	3:04	0.5	6:50	4:30	
19	Tue	9:31	4.6	9:15	5.4	4:22	0.3	4:12	0.6	6:51	4:29	
20	Wed	10:34	4.8	10:38	5.2	5:18	0.3	5:21	0.5	6:52	4:28	
21	Thu	11:35	5.0	11:49	5.2	6:14	0.1	6:28	0.4	6:53	4:27	
22	Fri			12:32	5.3	7:09	-0.1	7:30	0.2	6:54	4:27	
23	Sat	12:51	5.3	1:26	5.6	8:03	-0.2	8:30	-0.1	6:56	4:26	
24	Sun	1:47	5.4	2:17	5.8	8:54	-0.4	9:26	-0.3	6:57	4:25	
25	Mon	2:39	5.4	3:04	6.0	9:43	-0.4	10:19	-0.4	6:58	4:25	
26	Tue	3:29	5.3	3:50	6.0	10:30	-0.4	11:10	-0.4	6:59	4:24	
27	Wed	4:18	5.2	4:36	5.9	11:16	-0.3			7:00	4:24	
28	Thu	5:08	5.0	5:23	5.7	12:00	-0.3	12:02	-0.1	7:01	4:23	
29	Fri	6:00	4.8	6:11	5.5	12:49	-0.1	12:47	0.2	7:03	4:23	
30	Sat	6:53	4.7	7:02	5.3	1:37	0.0	1:32	0.4	7:04	4:23	