US HARBORS www.USHarbors.com

Albany, NY - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:58	5.3	3:17	5.8	9:52	0.1	10:35	0.0	6:30	5:44	
2	Wed	3:47	5.5	4:06	5.9	10:43	0.0	11:20	0.0	6:28	5:45	
3	Thu	4:35	5.6	4:53	5.8	11:32	0.0			6:26	5:46	
4	Fri	5:21	5.6	5:41	5.7	12:04	0.0	12:20	0.1	6:25	5:48	
5	Sat	6:08	5.6	6:30	5.5	12:45	0.2	1:07	0.3	6:23	5:49	
6	Sun	6:55	5.5	7:20	5.3	1:25	0.4	1:55	0.5	6:21	5:50	
7	Mon	7:41	5.5	8:12	5.1	2:03	0.6	2:44	0.7	6:20	5:51	
8	Tue	8:28	5.4	9:05	4.9	2:41	0.9	3:35	0.9	6:18	5:52	
9	Wed	9:16	5.3	9:59	4.8	3:20	1.1	4:29	1.1	6:16	5:54	
10	Thu	10:07	5.2	10:56	4.7	4:03	1.3	5:24	1.1	6:15	5:55	
11	Fri	11:02	5.2	11:52	4.7	4:56	1.4	6:21	1.1	6:13	5:56	
12	Sat	11:59	5.2			5:56	1.5	7:15	1.0	6:11	5:57	
13	Sun	12:47	4.8	1:54	5.3	7:56	1.4	9:06	0.9	7:09	6:58	
14	Mon	2:37	5.0	2:43	5.4	8:53	1.2	9:54	0.8	7:08	7:00	
15	Tue	3:22	5.1	3:27	5.5	9:46	1.0	10:38	0.6	7:06	7:01	
16	Wed	4:03	5.3	4:06	5.6	10:36	0.8	11:19	0.6	7:04	7:02	
17	Thu	4:40	5.5	4:41	5.7	11:24	0.7	11:59	0.5	7:02	7:03	
18	Fri	5:12	5.7	5:14	5.7			12:10	0.6	7:01	7:04	
19	Sat	5:43	5.9	5:50	5.6	12:37	0.5	12:57	0.5	6:59	7:05	
20	Sun	6:14	6.1	6:32	5.6	1:15	0.6	1:45	0.6	6:57	7:07	
21	Mon	6:51	6.2	7:22	5.4	1:54	0.7	2:35	0.7	6:55	7:08	
22	Tue	7:35	6.2	8:21	5.3	2:36	0.8	3:29	0.8	6:54	7:09	
23	Wed	8:27	6.2	9:30	5.1	3:24	0.9	4:29	0.9	6:52	7:10	
24	Thu	9:29	6.0	10:41	5.0	4:22	1.1	5:31	1.0	6:50	7:11	
25	Fri	10:44	5.8	11:50	5.0	5:28	1.2	6:35	1.0	6:48	7:12	
26	Sat			12:02	5.7	6:36	1.2	7:37	0.9	6:47	7:14	
27	Sun	12:55	5.2	1:13	5.7	7:42	1.0	8:35	0.7	6:45	7:15	
28	Mon	1:56	5.4	2:16	5.9	8:44	0.8	9:30	0.5	6:43	7:16	
29	Tue	2:51	5.7	3:11	6.0	9:41	0.5	10:20	0.4	6:41	7:17	
30	Wed	3:41	6.0	4:00	6.1	10:35	0.3	11:07	0.3	6:40	7:18	
31	Thu	4:28	6.2	4:46	6.1	11:25	0.3	11:50	0.3	6:38	7:19	