US HARBORS www.USHarbors.com

Albany, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:08	5.3	6:25	-0.2	7:08	0.0	7:25	4:32	
2	Mon	12:31	4.9	1:00	5.4	7:15	-0.1	8:04	-0.1	7:25	4:32	
3	Tue	1:24	4.8	1:49	5.4	8:04	0.0	8:57	-0.1	7:25	4:33	
4	Wed	2:14	4.8	2:34	5.4	8:51	0.1	9:47	-0.2	7:25	4:34	
5	Thu	3:01	4.7	3:15	5.4	9:36	0.2	10:33	-0.1	7:25	4:35	
6	Fri	3:46	4.6	3:54	5.3	10:18	0.3	11:16	-0.1	7:24	4:36	
7	Sat	4:30	4.5	4:30	5.2	10:57	0.4	11:57	0.0	7:24	4:37	
8	Sun	5:13	4.4	5:02	5.1	11:35	0.4			7:24	4:38	
9	Mon	5:55	4.4	5:29	5.1	12:36	0.1	12:11	0.5	7:24	4:39	
10	Tue	6:36	4.3	5:54	5.0	1:13	0.2	12:48	0.5	7:24	4:40	
11	Wed	7:14	4.4	6:29	5.0	1:48	0.3	1:27	0.6	7:23	4:41	
12	Thu	7:49	4.5	7:12	4.9	2:23	0.3	2:12	0.7	7:23	4:43	
13	Fri	8:22	4.6	8:01	4.7	2:57	0.3	3:05	0.8	7:23	4:44	
14	Sat	9:00	4.8	8:55	4.5	3:34	0.4	4:10	0.9	7:22	4:45	
15	Sun	9:48	4.9	10:03	4.2	4:19	0.4	5:23	0.9	7:22	4:46	
16	Mon	10:46	5.0	11:28	4.1	5:14	0.5	6:34	0.9	7:21	4:47	
17	Tue	11:50	5.1			6:19	0.5	7:39	0.7	7:21	4:48	
18	Wed	12:41	4.1	12:53	5.2	7:26	0.5	8:40	0.4	7:20	4:50	
19	Thu	1:42	4.2	1:51	5.4	8:29	0.4	9:36	0.2	7:20	4:51	
20	Fri	2:37	4.3	2:45	5.5	9:28	0.2	10:29	-0.1	7:19	4:52	
21	Sat	3:28	4.5	3:38	5.6	10:23	0.0	11:19	-0.2	7:18	4:53	
22	Sun	4:20	4.6	4:32	5.7	11:17	-0.2			7:18	4:55	
23	Mon	5:12	4.7	5:27	5.6	12:08	-0.3	12:09	-0.3	7:17	4:56	
24	Tue	6:06	4.8	6:25	5.5	12:56	-0.4	1:01	-0.3	7:16	4:57	
25	Wed	7:02	4.9	7:23	5.4	1:43	-0.4	1:55	-0.3	7:15	4:58	
26	Thu	7:58	5.0	8:20	5.3	2:31	-0.3	2:50	-0.1	7:14	5:00	
27	Fri	8:53	5.1	9:16	5.1	3:18	-0.2	3:47	0.0	7:13	5:01	
28	Sat	9:47	5.2	10:12	4.9	4:07	-0.1	4:45	0.1	7:13	5:02	
29	Sun	10:42	5.2	11:09	4.8	4:57	0.1	5:44	0.2	7:12	5:04	
30	Mon	11:36	5.2			5:49	0.2	6:43	0.3	7:11	5:05	
31	Tue	12:05	4.7	12:31	5.2	6:41	0.3	7:39	0.2	7:10	5:06	