US HARBORS www.USHarbors.com

Albany, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:58	5.2			6:05	1.0	7:10	0.7	6:30	5:44	
2	Thu	12:36	4.8	12:53	5.2	7:01	1.1	8:03	0.6	6:28	5:45	
3	Fri	1:29	5.0	1:44	5.3	7:54	1.0	8:51	0.5	6:27	5:46	
4	Sat	2:17	5.1	2:30	5.4	8:44	0.9	9:36	0.4	6:25	5:47	
5	Sun	3:02	5.2	3:11	5.5	9:30	0.8	10:17	0.4	6:23	5:49	
6	Mon	3:42	5.3	3:48	5.5	10:14	0.7	10:55	0.4	6:22	5:50	
7	Tue	4:19	5.4	4:21	5.4	10:57	0.6	11:30	0.5	6:20	5:51	
8	Wed	4:52	5.4	4:50	5.4	11:38	0.6			6:18	5:52	
9	Thu	5:19	5.6	5:16	5.3	12:03	0.5	12:20	0.7	6:17	5:53	
10	Fri	5:40	5.7	5:48	5.2	12:35	0.6	1:03	0.8	6:15	5:55	
11	Sat	6:08	5.9	6:29	5.1	1:06	0.7	1:50	0.9	6:13	5:56	
12	Sun	7:47	6.0	8:19	5.0	1:38	0.8	3:41	1.0	7:12	6:57	
13	Mon	8:33	6.0	9:20	4.8	3:18	0.9	4:41	1.1	7:10	6:58	
14	Tue	9:27	5.9	10:38	4.7	4:11	1.1	5:46	1.2	7:08	6:59	
15	Wed	10:32	5.7	11:58	4.7	5:23	1.2	6:53	1.2	7:06	7:01	
16	Thu	11:57	5.6			6:42	1.2	7:56	1.0	7:05	7:02	
17	Fri	1:08	4.8	1:18	5.6	7:53	1.1	8:55	0.8	7:03	7:03	
18	Sat	2:09	5.1	2:24	5.8	8:58	0.8	9:49	0.5	7:01	7:04	
19	Sun	3:04	5.4	3:22	6.0	9:57	0.5	10:40	0.3	6:59	7:05	
20	Mon	3:54	5.7	4:13	6.1	10:52	0.2	11:28	0.2	6:58	7:06	
21	Tue	4:41	6.0	5:02	6.2	11:44	0.1			6:56	7:07	
22	Wed	5:28	6.1	5:50	6.1	12:13	0.2	12:34	0.1	6:54	7:09	
23	Thu	6:13	6.2	6:40	5.9	12:56	0.3	1:24	0.2	6:52	7:10	
24	Fri	7:00	6.1	7:31	5.7	1:38	0.4	2:14	0.4	6:51	7:11	
25	Sat	7:48	6.0	8:25	5.5	2:20	0.7	3:04	0.6	6:49	7:12	
26	Sun	8:37	5.9	9:20	5.3	3:02	1.0	3:56	0.8	6:47	7:13	
27	Mon	9:28	5.7	10:16	5.1	3:46	1.2	4:50	1.0	6:45	7:14	
28	Tue	10:23	5.5	11:14	5.1	4:34	1.5	5:45	1.2	6:44	7:16	
29	Wed	11:21	5.4			5:28	1.7	6:41	1.2	6:42	7:17	
30	Thu	12:11	5.1	12:21	5.3	6:27	1.7	7:36	1.2	6:40	7:18	
31	Fri	1:08	5.1	1:19	5.3	7:26	1.7	8:27	1.1	6:38	7:19	