

































Albany, NY - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:15	5.7	2:23	5.4	8:44	1.6	9:15	1.2	5:49	7:54	
2	Tue	2:58	5.9	3:09	5.4	9:38	1.4	9:57	1.1	5:48	7:55	
3	Wed	3:36	6.2	3:50	5.4	10:29	1.2	10:37	1.1	5:46	7:57	
4	Thu	4:10	6.3	4:28	5.3	11:17	1.0	11:16	1.1	5:45	7:58	
5	Fri	4:38	6.5	5:04	5.3			12:04	0.9	5:44	7:59	
6	Sat	5:04	6.6	5:42	5.2			12:52	0.8	5:42	8:00	
7	Sun	5:35	6.7	6:26	5.1	12:36	1.2	1:39	0.8	5:41	8:01	
8	Mon	6:15	6.7	7:19	5.1	1:20	1.2	2:29	0.9	5:40	8:02	
9	Tue	7:03	6.6	8:21	5.1	2:09	1.3	3:21	0.9	5:39	8:03	
10	Wed	8:01	6.4	9:27	5.1	3:05	1.4	4:15	1.0	5:38	8:04	
11	Thu	9:11	6.1	10:32	5.3	4:07	1.4	5:12	0.9	5:36	8:05	
12	Fri	10:31	5.9	11:34	5.5	5:13	1.4	6:09	0.9	5:35	8:06	
13	Sat	11:44	5.9			6:19	1.2	7:05	0.8	5:34	8:08	
14	Sun	12:34	5.7	12:50	5.9	7:24	1.0	7:59	0.6	5:33	8:09	
15	Mon	1:31	6.0	1:49	5.9	8:25	0.8	8:51	0.5	5:32	8:10	
16	Tue	2:24	6.3	2:43	5.9	9:23	0.5	9:40	0.4	5:31	8:11	
17	Wed	3:12	6.5	3:33	5.9	10:17	0.4	10:27	0.4	5:30	8:12	
18	Thu	3:57	6.7	4:21	5.8	11:09	0.3	11:11	0.5	5:29	8:13	
19	Fri	4:39	6.7	5:08	5.7	11:58	0.3	11:54	0.7	5:28	8:14	
20	Sat	5:20	6.5	5:54	5.5			12:45	0.4	5:27	8:15	
21	Sun	5:59	6.3	6:43	5.3	12:34	1.0	1:31	0.5	5:26	8:16	
22	Mon	6:38	6.1	7:33	5.1	1:13	1.2	2:16	0.7	5:26	8:17	
23	Tue	7:16	5.9	8:25	5.0	1:50	1.4	3:00	0.9	5:25	8:18	
24	Wed	7:55	5.7	9:18	5.0	2:28	1.6	3:45	1.0	5:24	8:19	
25	Thu	8:38	5.5	10:10	5.0	3:09	1.7	4:31	1.1	5:23	8:20	
26	Fri	9:31	5.3	11:02	5.0	3:57	1.8	5:17	1.2	5:23	8:20	
27	Sat	10:36	5.2	11:53	5.1	4:57	1.9	6:04	1.2	5:22	8:21	
28	Sun	11:41	5.0			6:04	1.9	6:52	1.2	5:21	8:22	
29	Mon	12:44	5.3	12:43	4.9	7:10	1.8	7:39	1.1	5:21	8:23	
30	Tue	1:31	5.5	1:39	4.8	8:12	1.5	8:25	1.1	5:20	8:24	
31	Wed	2:15	5.7	2:30	4.8	9:10	1.3	9:11	1.0	5:20	8:25	