
































## Albany, NY - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:55	6.0	3:17	4.8	10:05	1.0	9:57	1.0	5:19	8:26	
2	Fri	3:30	6.2	4:01	4.8	10:57	0.8	10:43	1.0	5:19	8:26	
3	Sat	4:03	6.3	4:44	4.8	11:47	0.6	11:30	0.9	5:18	8:27	
4	Sun	4:37	6.4	5:29	4.7			12:36	0.5	5:18	8:28	
5	Mon	5:17	6.4	6:18	4.8	12:18	0.9	1:24	0.4	5:18	8:28	
6	Tue	6:03	6.3	7:14	4.8	1:08	0.9	2:14	0.4	5:17	8:29	
7	Wed	6:59	6.2	8:15	4.9	2:02	0.9	3:04	0.3	5:17	8:30	
8	Thu	8:04	6.0	9:16	5.0	2:58	0.8	3:56	0.3	5:17	8:30	
9	Fri	9:15	5.8	10:16	5.2	3:57	0.8	4:49	0.3	5:16	8:31	
10	Sat	10:23	5.7	11:14	5.4	4:59	0.8	5:42	0.2	5:16	8:32	
11	Sun	11:27	5.5			6:02	0.7	6:35	0.2	5:16	8:32	
12	Mon	12:12	5.6	12:28	5.4	7:05	0.6	7:28	0.2	5:16	8:33	
13	Tue	1:07	5.9	1:26	5.3	8:05	0.4	8:19	0.1	5:16	8:33	
14	Wed	2:00	6.1	2:21	5.3	9:03	0.2	9:09	0.2	5:16	8:34	
15	Thu	2:49	6.2	3:13	5.2	9:58	0.1	9:57	0.2	5:16	8:34	
16	Fri	3:35	6.2	4:01	5.2	10:50	0.0	10:43	0.3	5:16	8:34	
17	Sat	4:17	6.2	4:48	5.1	11:38	0.0	11:27	0.5	5:16	8:35	
18	Sun	4:58	6.0	5:35	5.0			12:24	0.0	5:16	8:35	
19	Mon	5:36	5.8	6:21	4.8	12:08	0.7	1:08	0.1	5:16	8:35	
20	Tue	6:13	5.7	7:08	4.7	12:46	0.9	1:50	0.3	5:16	8:36	
21	Wed	6:47	5.5	7:56	4.6	1:23	1.0	2:30	0.4	5:17	8:36	
22	Thu	7:18	5.3	8:44	4.6	2:00	1.1	3:09	0.5	5:17	8:36	
23	Fri	7:49	5.2	9:30	4.6	2:38	1.2	3:48	0.6	5:17	8:36	
24	Sat	8:27	5.0	10:16	4.7	3:22	1.3	4:26	0.6	5:17	8:36	
25	Sun	9:14	4.8	11:02	4.8	4:16	1.3	5:05	0.6	5:18	8:37	
26	Mon	10:09	4.6	11:48	4.9	5:21	1.4	5:47	0.7	5:18	8:37	
27	Tue	11:26	4.3			6:32	1.3	6:35	0.7	5:19	8:37	
28	Wed	12:36	5.1	12:46	4.1	7:39	1.2	7:27	0.7	5:19	8:37	
29	Thu	1:23	5.3	1:50	4.0	8:43	1.0	8:23	0.7	5:19	8:37	
30	Fri	2:09	5.5	2:46	4.1	9:41	0.7	9:20	0.7	5:20	8:36	