

































Albany, NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:53	5.7	3:37	4.1	10:36	0.4	10:16	0.6	5:20	8:36	
2	Sun	3:36	5.8	4:26	4.2	11:28	0.1	11:11	0.5	5:21	8:36	
3	Mon	4:21	5.9	5:15	4.3			12:17	-0.1	5:22	8:36	
4	Tue	5:09	5.9	6:06	4.4	12:04	0.4	1:06	-0.2	5:22	8:36	
5	Wed	6:01	5.8	7:01	4.5	12:57	0.2	1:54	-0.3	5:23	8:35	
6	Thu	6:59	5.7	7:58	4.7	1:51	0.2	2:43	-0.4	5:23	8:35	
7	Fri	8:02	5.6	8:56	4.9	2:45	0.1	3:31	-0.4	5:24	8:35	
8	Sat	9:05	5.4	9:53	5.0	3:42	0.1	4:21	-0.4	5:25	8:34	
9	Sun	10:06	5.2	10:49	5.2	4:42	0.1	5:11	-0.3	5:25	8:34	
10	Mon	11:05	5.0	11:45	5.3	5:42	0.2	6:03	-0.3	5:26	8:34	
11	Tue			12:04	4.8	6:44	0.1	6:55	-0.2	5:27	8:33	
12	Wed	12:40	5.4	1:03	4.7	7:44	0.1	7:47	-0.1	5:28	8:33	
13	Thu	1:34	5.5	1:59	4.6	8:43	-0.1	8:39	0.0	5:29	8:32	
14	Fri	2:26	5.6	2:52	4.6	9:38	-0.2	9:30	0.0	5:29	8:31	
15	Sat	3:13	5.6	3:42	4.6	10:29	-0.3	10:17	0.1	5:30	8:31	
16	Sun	3:58	5.5	4:30	4.6	11:17	-0.4	11:02	0.2	5:31	8:30	
17	Mon	4:39	5.4	5:15	4.5			12:01	-0.4	5:32	8:29	
18	Tue	5:17	5.3	5:59	4.5			12:42	-0.3	5:33	8:29	
19	Wed	5:53	5.2	6:43	4.4	12:24	0.4	1:21	-0.2	5:34	8:28	
20	Thu	6:25	5.1	7:25	4.4	1:02	0.5	1:58	-0.1	5:35	8:27	
21	Fri	6:52	5.0	8:05	4.4	1:38	0.6	2:32	-0.1	5:35	8:26	
22	Sat	7:18	4.9	8:43	4.5	2:16	0.6	3:03	0.0	5:36	8:26	
23	Sun	7:53	4.7	9:16	4.6	2:57	0.7	3:32	0.0	5:37	8:25	
24	Mon	8:36	4.5	9:47	4.7	3:46	0.8	4:01	0.1	5:38	8:24	
25	Tue	9:25	4.2	10:24	4.8	4:46	0.9	4:37	0.2	5:39	8:23	
26	Wed	10:22	3.9	11:15	4.9	5:58	0.9	5:24	0.3	5:40	8:22	
27	Thu	11:45	3.7			7:09	0.9	6:27	0.4	5:41	8:21	
28	Fri	12:16	5.0	1:13	3.6	8:16	0.7	7:43	0.5	5:42	8:20	
29	Sat	1:22	5.1	2:19	3.6	9:18	0.4	8:54	0.4	5:43	8:19	
30	Sun	2:23	5.2	3:16	3.8	10:14	0.1	9:58	0.2	5:44	8:18	
31	Mon	3:18	5.4	4:08	4.0	11:06	-0.2	10:56	0.0	5:45	8:17	