




























Albany, NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:11	5.5	4:58	4.2	11:56	-0.5	11:50	-0.2	5:46	8:15	
2	Wed	5:02	5.5	5:48	4.4			12:44	-0.7	5:47	8:14	
3	Thu	5:55	5.5	6:40	4.6	12:43	-0.3	1:30	-0.8	5:48	8:13	
4	Fri	6:50	5.4	7:34	4.7	1:36	-0.4	2:16	-0.8	5:49	8:12	
5	Sat	7:48	5.3	8:29	4.9	2:29	-0.4	3:03	-0.8	5:50	8:11	
6	Sun	8:45	5.1	9:24	5.0	3:24	-0.3	3:49	-0.7	5:52	8:09	
7	Mon	9:43	4.8	10:19	5.1	4:21	-0.2	4:38	-0.5	5:53	8:08	
8	Tue	10:41	4.6	11:14	5.1	5:21	-0.1	5:28	-0.4	5:54	8:07	
9	Wed	11:40	4.4			6:21	0.0	6:21	-0.2	5:55	8:05	
10	Thu	12:11	5.1	12:39	4.3	7:21	-0.1	7:15	-0.1	5:56	8:04	
11	Fri	1:07	5.0	1:37	4.2	8:19	-0.1	8:10	0.0	5:57	8:03	
12	Sat	2:01	5.1	2:32	4.3	9:14	-0.3	9:03	0.1	5:58	8:01	
13	Sun	2:52	5.1	3:22	4.4	10:05	-0.4	9:53	0.1	5:59	8:00	
14	Mon	3:38	5.1	4:10	4.4	10:51	-0.5	10:39	0.1	6:00	7:58	
15	Tue	4:19	5.1	4:53	4.5	11:34	-0.5	11:22	0.1	6:01	7:57	
16	Wed	4:58	5.1	5:35	4.5			12:13	-0.5	6:02	7:55	
17	Thu	5:33	5.0	6:14	4.5	12:03	0.1	12:49	-0.4	6:03	7:54	
18	Fri	6:04	4.9	6:50	4.5	12:42	0.2	1:23	-0.4	6:04	7:52	
19	Sat	6:29	4.8	7:21	4.6	1:20	0.2	1:53	-0.3	6:05	7:51	
20	Sun	6:52	4.7	7:45	4.7	1:59	0.3	2:20	-0.2	6:06	7:49	
21	Mon	7:26	4.5	8:08	4.9	2:41	0.4	2:45	-0.2	6:08	7:48	
22	Tue	8:08	4.3	8:44	5.0	3:28	0.5	3:14	-0.1	6:09	7:46	
23	Wed	8:56	4.1	9:29	5.1	4:25	0.7	3:51	0.1	6:10	7:45	
24	Thu	9:54	3.8	10:22	5.0	5:33	0.7	4:41	0.3	6:11	7:43	
25	Fri	11:14	3.6	11:28	4.9	6:44	0.7	5:53	0.4	6:12	7:41	
26	Sat			12:48	3.5	7:51	0.6	7:23	0.5	6:13	7:40	
27	Sun	12:50	4.9	1:58	3.7	8:53	0.3	8:38	0.4	6:14	7:38	
28	Mon	2:05	5.0	2:57	4.0	9:50	0.0	9:42	0.1	6:15	7:36	
29	Tue	3:06	5.2	3:49	4.3	10:42	-0.3	10:41	-0.2	6:16	7:35	
30	Wed	4:00	5.4	4:39	4.6	11:31	-0.6	11:35	-0.4	6:17	7:33	
31	Thu	4:51	5.5	5:27	4.8			12:17	-0.8	6:18	7:31	