US HARBORS www.USHarbors.com

Albany, NY - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:51	5.6	5:11	5.8			12:07	0.1	6:29	5:44	
2	Sun	5:34	5.8	6:03	5.6	12:30	0.1	12:59	0.1	6:27	5:46	
3	Mon	6:21	5.9	7:00	5.4	1:14	0.2	1:52	0.2	6:26	5:47	
4	Tue	7:14	5.8	8:01	5.2	2:00	0.3	2:49	0.4	6:24	5:48	
5	Wed	8:12	5.8	9:04	5.1	2:50	0.5	3:49	0.5	6:23	5:49	
6	Thu	9:16	5.6	10:08	5.0	3:46	0.7	4:52	0.6	6:21	5:50	
7	Fri	10:24	5.4	11:12	5.0	4:48	0.8	5:54	0.7	6:19	5:52	
8	Sat	11:32	5.4			5:52	0.9	6:55	0.6	6:17	5:53	
9	Sun	12:14	5.1	1:37	5.4	7:54	0.8	8:52	0.5	7:16	6:54	
10	Mon	2:12	5.3	2:35	5.5	8:54	0.7	9:45	0.3	7:14	6:55	
11	Tue	3:05	5.5	3:26	5.6	9:48	0.5	10:32	0.2	7:12	6:56	
12	Wed	3:53	5.7	4:11	5.7	10:38	0.5	11:16	0.2	7:11	6:58	
13	Thu	4:38	5.8	4:53	5.6	11:25	0.5	11:56	0.3	7:09	6:59	
14	Fri	5:19	5.8	5:33	5.6			12:08	0.5	7:07	7:00	
15	Sat	5:59	5.8	6:13	5.4	12:33	0.4	12:50	0.6	7:05	7:01	
16	Sun	6:35	5.8	6:52	5.2	1:07	0.6	1:30	0.8	7:04	7:02	
17	Mon	7:09	5.8	7:33	5.0	1:37	0.8	2:11	0.9	7:02	7:03	
18	Tue	7:37	5.8	8:15	4.9	2:03	1.0	2:52	1.0	7:00	7:05	
19	Wed	7:55	5.8	9:00	4.7	2:27	1.1	3:36	1.2	6:58	7:06	
20	Thu	8:24	5.8	9:51	4.6	2:57	1.2	4:26	1.3	6:57	7:07	
21	Fri	9:06	5.7	10:50	4.5	3:38	1.4	5:23	1.4	6:55	7:08	
22	Sat	9:58	5.6	11:51	4.5	4:34	1.5	6:24	1.4	6:53	7:09	
23	Sun	11:04	5.5			5:48	1.6	7:24	1.4	6:51	7:10	
24	Mon	12:51	4.7	12:34	5.5	7:07	1.5	8:21	1.2	6:50	7:12	
25	Tue	1:46	4.9	1:45	5.6	8:17	1.3	9:13	1.0	6:48	7:13	
26	Wed	2:36	5.2	2:42	5.8	9:19	1.1	10:02	0.8	6:46	7:14	
27	Thu	3:20	5.6	3:32	5.9	10:15	0.8	10:49	0.6	6:44	7:15	
28	Fri	4:02	5.9	4:18	6.0	11:09	0.5	11:33	0.6	6:43	7:16	
29	Sat	4:42	6.2	5:05	6.0			12:01	0.4	6:41	7:17	
30	Sun	5:23	6.4	5:54	5.9	12:17	0.5	12:52	0.3	6:39	7:18	
31	Mon	6:06	6.5	6:47	5.7	1:01	0.6	1:45	0.4	6:37	7:20	