

































## Albany, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:45	4.8	10:32	5.0	4:12	0.9	4:50	0.2	5:21	8:36	
2	Wed	10:40	4.6	11:23	5.0	5:08	1.0	5:34	0.3	5:21	8:36	
3	Thu	11:35	4.4			6:05	1.0	6:19	0.4	5:22	8:36	
4	Fri	12:14	5.1	12:31	4.2	7:03	0.9	7:05	0.5	5:22	8:36	
5	Sat	1:04	5.2	1:27	4.1	8:00	0.8	7:51	0.6	5:23	8:35	
6	Sun	1:52	5.3	2:21	4.1	8:55	0.6	8:38	0.6	5:24	8:35	
7	Mon	2:38	5.4	3:11	4.1	9:46	0.3	9:26	0.6	5:24	8:35	
8	Tue	3:20	5.5	3:57	4.1	10:35	0.1	10:12	0.6	5:25	8:34	
9	Wed	3:58	5.6	4:39	4.1	11:20	0.0	10:58	0.5	5:26	8:34	
10	Thu	4:32	5.6	5:19	4.2			12:03	-0.1	5:27	8:33	
11	Fri	5:03	5.6	5:57	4.2			12:44	-0.2	5:27	8:33	
12	Sat	5:35	5.6	6:35	4.3	12:27	0.3	1:24	-0.2	5:28	8:32	
13	Sun	6:11	5.6	7:13	4.5	1:12	0.3	2:04	-0.3	5:29	8:32	
14	Mon	6:55	5.5	7:54	4.7	1:59	0.3	2:44	-0.3	5:30	8:31	
15	Tue	7:44	5.4	8:40	4.9	2:50	0.3	3:25	-0.3	5:31	8:31	
16	Wed	8:39	5.2	9:30	5.1	3:44	0.4	4:08	-0.2	5:31	8:30	
17	Thu	9:40	4.9	10:24	5.2	4:45	0.4	4:55	-0.2	5:32	8:29	
18	Fri	10:48	4.6	11:24	5.2	5:51	0.5	5:49	0.0	5:33	8:28	
19	Sat	11:58	4.4			6:58	0.4	6:49	0.1	5:34	8:28	
20	Sun	12:27	5.3	1:06	4.3	8:03	0.3	7:52	0.1	5:35	8:27	
21	Mon	1:29	5.3	2:10	4.3	9:05	0.0	8:54	0.1	5:36	8:26	
22	Tue	2:29	5.4	3:08	4.3	10:03	-0.2	9:53	0.0	5:37	8:25	
23	Wed	3:24	5.4	4:02	4.4	10:57	-0.4	10:48	-0.1	5:38	8:24	
24	Thu	4:16	5.4	4:53	4.5	11:48	-0.5	11:40	-0.1	5:39	8:23	
25	Fri	5:05	5.3	5:44	4.6			12:35	-0.6	5:40	8:22	
26	Sat	5:53	5.2	6:34	4.6	12:30	-0.1	1:20	-0.6	5:41	8:21	
27	Sun	6:41	5.0	7:24	4.6	1:18	0.1	2:03	-0.5	5:42	8:20	
28	Mon	7:29	4.8	8:14	4.6	2:04	0.2	2:44	-0.3	5:43	8:19	
29	Tue	8:18	4.6	9:03	4.7	2:51	0.4	3:23	-0.2	5:44	8:18	
30	Wed	9:09	4.4	9:50	4.7	3:40	0.6	4:01	0.0	5:45	8:17	
31	Thu	10:01	4.1	10:38	4.7	4:32	0.7	4:39	0.2	5:46	8:16	