




























Albany, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:49	6.7	5:13	5.6	11:56	0.6	11:56	1.0	5:49	7:55	
2	Sat	5:26	6.6	5:56	5.5			12:39	0.7	5:47	7:56	
3	Sun	6:00	6.5	6:39	5.3	12:30	1.2	1:21	0.9	5:46	7:57	
4	Mon	6:29	6.3	7:23	5.1	1:01	1.4	2:01	1.0	5:45	7:58	
5	Tue	6:51	6.2	8:10	5.0	1:31	1.5	2:42	1.1	5:43	7:59	
6	Wed	7:16	6.2	8:57	4.9	2:02	1.6	3:24	1.2	5:42	8:00	
7	Thu	7:54	6.1	9:46	4.9	2:40	1.7	4:08	1.3	5:41	8:01	
8	Fri	8:41	5.9	10:36	5.0	3:29	1.8	4:55	1.4	5:40	8:02	
9	Sat	9:35	5.7	11:28	5.1	4:30	1.9	5:46	1.4	5:38	8:04	
10	Sun	10:40	5.5			5:43	1.9	6:38	1.4	5:37	8:05	
11	Mon	12:20	5.3	12:02	5.4	6:56	1.8	7:30	1.3	5:36	8:06	
12	Tue	1:11	5.6	1:14	5.3	8:03	1.6	8:21	1.2	5:35	8:07	
13	Wed	1:58	5.9	2:13	5.3	9:05	1.3	9:11	1.1	5:34	8:08	
14	Thu	2:41	6.2	3:06	5.4	10:03	1.1	10:00	1.0	5:33	8:09	
15	Fri	3:22	6.5	3:56	5.4	10:58	0.8	10:49	1.0	5:32	8:10	
16	Sat	4:02	6.6	4:45	5.4	11:51	0.6	11:38	1.0	5:31	8:11	
17	Sun	4:44	6.7	5:37	5.3			12:43	0.5	5:30	8:12	
18	Mon	5:31	6.6	6:33	5.2	12:29	1.0	1:35	0.5	5:29	8:13	
19	Tue	6:23	6.4	7:33	5.2	1:21	1.0	2:27	0.5	5:28	8:14	
20	Wed	7:26	6.2	8:36	5.3	2:16	1.0	3:21	0.5	5:27	8:15	
21	Thu	8:36	6.0	9:38	5.4	3:13	1.1	4:15	0.5	5:26	8:16	
22	Fri	9:45	5.8	10:38	5.5	4:13	1.1	5:09	0.5	5:25	8:17	
23	Sat	10:50	5.7	11:36	5.7	5:15	1.1	6:03	0.5	5:25	8:18	
24	Sun	11:52	5.6			6:17	1.0	6:55	0.5	5:24	8:19	
25	Mon	12:32	5.9	12:50	5.5	7:17	1.0	7:46	0.4	5:23	8:20	
26	Tue	1:26	6.1	1:44	5.4	8:15	0.8	8:34	0.4	5:22	8:21	
27	Wed	2:16	6.3	2:35	5.4	9:10	0.7	9:20	0.5	5:22	8:22	
28	Thu	3:01	6.5	3:23	5.4	10:01	0.5	10:04	0.6	5:21	8:22	
29	Fri	3:44	6.5	4:08	5.3	10:49	0.5	10:44	0.7	5:21	8:23	
30	Sat	4:23	6.5	4:52	5.2	11:34	0.4	11:23	0.9	5:20	8:24	
31	Sun	4:59	6.4	5:34	5.0			12:17	0.5	5:20	8:25	