



Albany, NY - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:38	5.6	6:33	4.4	12:12	0.6	1:12	0.0	5:21	8:36	☉
2	Thu	6:03	5.6	7:11	4.4	12:51	0.6	1:49	0.1	5:21	8:36	☉
3	Fri	6:31	5.5	7:45	4.5	1:31	0.7	2:24	0.1	5:22	8:36	☉
4	Sat	7:08	5.5	8:17	4.7	2:13	0.7	2:59	0.1	5:22	8:36	☾
5	Sun	7:53	5.3	8:52	4.9	2:59	0.7	3:34	0.1	5:23	8:35	☾
6	Mon	8:42	5.1	9:34	5.1	3:53	0.8	4:10	0.1	5:24	8:35	☾
7	Tue	9:37	4.8	10:24	5.2	4:56	0.9	4:53	0.2	5:24	8:35	☾
8	Wed	10:42	4.5	11:23	5.3	6:07	0.9	5:45	0.3	5:25	8:34	☾
9	Thu			12:01	4.3	7:17	0.8	6:49	0.4	5:26	8:34	☾
10	Fri	12:28	5.3	1:18	4.1	8:24	0.6	7:59	0.4	5:26	8:33	☾
11	Sat	1:33	5.4	2:24	4.2	9:26	0.3	9:06	0.4	5:27	8:33	☾
12	Sun	2:34	5.5	3:22	4.3	10:24	0.0	10:08	0.2	5:28	8:32	☾
13	Mon	3:31	5.6	4:17	4.4	11:18	-0.3	11:06	0.1	5:29	8:32	☾
14	Tue	4:24	5.6	5:10	4.5			12:09	-0.5	5:30	8:31	☾
15	Wed	5:17	5.6	6:04	4.6	12:00	0.0	12:58	-0.6	5:30	8:31	☾
16	Thu	6:11	5.5	6:58	4.7	12:53	-0.1	1:45	-0.6	5:31	8:30	☾
17	Fri	7:07	5.3	7:53	4.8	1:45	-0.1	2:32	-0.6	5:32	8:29	☾
18	Sat	8:03	5.1	8:48	4.9	2:37	0.0	3:17	-0.5	5:33	8:29	☾
19	Sun	8:59	4.9	9:41	5.0	3:30	0.2	4:03	-0.4	5:34	8:28	☾
20	Mon	9:54	4.7	10:33	5.1	4:25	0.3	4:49	-0.2	5:35	8:27	☾
21	Tue	10:49	4.4	11:25	5.1	5:22	0.4	5:36	-0.1	5:36	8:26	☾
22	Wed	11:46	4.2			6:21	0.4	6:24	0.1	5:37	8:25	☾
23	Thu	12:17	5.1	12:43	4.1	7:19	0.4	7:13	0.3	5:38	8:24	☾
24	Fri	1:09	5.1	1:39	4.0	8:15	0.3	8:03	0.3	5:39	8:24	☾
25	Sat	2:00	5.2	2:32	4.0	9:08	0.1	8:53	0.4	5:40	8:23	☉
26	Sun	2:47	5.2	3:22	4.1	9:58	-0.1	9:41	0.3	5:41	8:22	☉
27	Mon	3:31	5.3	4:07	4.1	10:44	-0.2	10:27	0.3	5:42	8:21	☉
28	Tue	4:11	5.3	4:49	4.2	11:26	-0.3	11:11	0.2	5:43	8:20	☉
29	Wed	4:47	5.3	5:28	4.2			12:06	-0.4	5:44	8:18	☉
30	Thu	5:19	5.3	6:04	4.3			12:43	-0.4	5:45	8:17	☉
31	Fri	5:47	5.2	6:37	4.4	12:36	0.1	1:19	-0.4	5:46	8:16	☉