US HARBORS www.USHarbors.com

Albany, NY - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:29	4.5	4:13	5.6	11:11	0.0			7:25	4:32	
2	Tue	5:10	4.6	4:56	5.6	12:10	-0.2	11:59 AM	-0.1	7:25	4:33	
3	Wed	5:54	4.8	5:45	5.5	12:55	-0.2	12:49	-0.1	7:25	4:34	
4	Thu	6:44	4.9	6:41	5.4	1:40	-0.3	1:41	-0.1	7:25	4:35	
5	Fri	7:37	5.0	7:43	5.3	2:26	-0.3	2:37	0.0	7:24	4:36	
6	Sat	8:32	5.2	8:48	5.1	3:14	-0.2	3:36	0.1	7:24	4:37	
7	Sun	9:30	5.2	9:54	4.9	4:06	-0.2	4:39	0.2	7:24	4:38	
8	Mon	10:29	5.3	10:59	4.7	5:01	-0.1	5:44	0.2	7:24	4:39	
9	Tue	11:30	5.3			5:58	-0.1	6:47	0.1	7:24	4:40	
10	Wed	12:02	4.7	12:29	5.4	6:56	-0.1	7:48	0.0	7:23	4:41	
11	Thu	1:02	4.7	1:26	5.4	7:53	-0.1	8:45	-0.2	7:23	4:42	
12	Fri	1:58	4.7	2:19	5.5	8:48	-0.1	9:39	-0.3	7:23	4:43	
13	Sat	2:50	4.8	3:08	5.5	9:40	-0.2	10:28	-0.3	7:22	4:44	
14	Sun	3:39	4.8	3:55	5.4	10:29	-0.1	11:15	-0.3	7:22	4:45	
15	Mon	4:27	4.8	4:40	5.3	11:16	-0.1	11:58	-0.2	7:21	4:47	
16	Tue	5:14	4.8	5:24	5.2			12:01	0.1	7:21	4:48	
17	Wed	6:01	4.7	6:09	5.1	12:39	-0.1	12:44	0.3	7:20	4:49	
18	Thu	6:47	4.7	6:55	4.9	1:18	0.0	1:27	0.4	7:20	4:50	
19	Fri	7:32	4.7	7:42	4.8	1:55	0.2	2:11	0.6	7:19	4:51	
20	Sat	8:17	4.7	8:30	4.6	2:29	0.3	2:58	0.7	7:19	4:53	
21	Sun	9:00	4.7	9:21	4.4	3:02	0.4	3:49	0.8	7:18	4:54	
22	Mon	9:43	4.8	10:16	4.2	3:37	0.5	4:46	0.9	7:17	4:55	
23	Tue	10:30	4.8	11:13	4.1	4:18	0.6	5:45	0.8	7:16	4:57	
24	Wed	11:21	4.8			5:12	0.7	6:45	0.8	7:16	4:58	
25	Thu	12:10	4.1	12:15	4.9	6:14	0.7	7:42	0.6	7:15	4:59	
26	Fri	1:04	4.1	1:06	5.0	7:17	0.6	8:36	0.4	7:14	5:00	
27	Sat	1:54	4.3	1:54	5.2	8:16	0.4	9:26	0.2	7:13	5:02	
28	Sun	2:39	4.5	2:37	5.4	9:12	0.3	10:14	0.0	7:12	5:03	
29	Mon	3:22	4.7	3:19	5.5	10:05	0.1	11:00	-0.2	7:11	5:04	
30	Tue	4:03	4.9	4:02	5.6	10:55	-0.1	11:44	-0.2	7:10	5:06	
31	Wed	4:45	5.0	4:48	5.6	11:46	-0.2			7:09	5:07	