US HARBORS www.USHarbors.com

Albany, NY - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:44	5.4	2:04	5.7	8:34	0.1	9:16	0.0	6:29	5:44	
2	Sat	2:35	5.6	2:54	5.8	9:27	0.0	10:03	-0.1	6:28	5:45	
3	Sun	3:22	5.7	3:40	5.8	10:17	-0.1	10:48	-0.1	6:26	5:46	
4	Mon	4:07	5.8	4:25	5.8	11:04	0.0	11:29	0.1	6:25	5:48	
5	Tue	4:50	5.8	5:08	5.6	11:50	0.2			6:23	5:49	
6	Wed	5:32	5.7	5:53	5.4	12:08	0.3	12:34	0.3	6:21	5:50	
7	Thu	6:13	5.6	6:39	5.3	12:44	0.5	1:17	0.6	6:20	5:51	
8	Fri	6:53	5.5	7:27	5.1	1:17	0.7	2:01	0.8	6:18	5:53	
9	Sat	7:30	5.5	8:17	4.9	1:47	0.9	2:47	0.9	6:16	5:54	
10	Sun	9:04	5.4	10:09	4.8	3:17	1.0	4:36	1.1	7:14	6:55	
11	Mon	9:33	5.3	11:04	4.7	3:53	1.2	5:29	1.2	7:13	6:56	
12	Tue	10:17	5.2	11:59	4.7	4:43	1.3	6:26	1.2	7:11	6:57	
13	Wed	11:39	5.2			5:49	1.4	7:22	1.2	7:09	6:58	
14	Thu	12:55	4.8	12:49	5.2	7:00	1.4	8:16	1.1	7:08	7:00	
15	Fri	1:47	4.9	1:48	5.3	8:07	1.2	9:07	0.9	7:06	7:01	
16	Sat	2:35	5.2	2:38	5.4	9:07	1.0	9:56	0.7	7:04	7:02	
17	Sun	3:19	5.5	3:24	5.6	10:02	0.8	10:41	0.6	7:02	7:03	
18	Mon	3:58	5.7	4:06	5.7	10:55	0.6	11:25	0.5	7:01	7:04	
19	Tue	4:35	6.0	4:47	5.7	11:46	0.4			6:59	7:06	
20	Wed	5:12	6.2	5:31	5.7	12:08	0.4	12:35	0.3	6:57	7:07	
21	Thu	5:51	6.3	6:20	5.6	12:52	0.5	1:26	0.3	6:55	7:08	
22	Fri	6:34	6.4	7:15	5.5	1:37	0.5	2:18	0.4	6:54	7:09	
23	Sat	7:25	6.3	8:17	5.4	2:24	0.6	3:12	0.5	6:52	7:10	
24	Sun	8:25	6.2	9:22	5.3	3:16	0.7	4:09	0.6	6:50	7:11	
25	Mon	9:32	6.0	10:27	5.3	4:13	0.8	5:09	0.7	6:48	7:12	
26	Tue	10:41	5.9	11:31	5.4	5:14	0.9	6:09	0.7	6:47	7:14	
27	Wed	11:48	5.8			6:17	0.9	7:08	0.7	6:45	7:15	
28	Thu	12:32	5.5	12:53	5.8	7:19	0.8	8:04	0.5	6:43	7:16	
29	Fri	1:31	5.7	1:52	5.9	8:19	0.6	8:58	0.4	6:41	7:17	
30	Sat	2:26	6.0	2:45	6.0	9:15	0.5	9:47	0.3	6:40	7:18	
31	Sun	3:15	6.2	3:34	6.0	10:08	0.4	10:33	0.3	6:38	7:19	