US HARBORS www.USHarbors.com

Albany, NY - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:08	5.7	5:57	4.6			12:39	-0.1	5:21	8:36	
2	Tue	5:31	5.6	6:35	4.7	12:18	0.5	1:18	-0.1	5:21	8:36	
3	Wed	5:53	5.6	7:11	4.7	12:59	0.5	1:56	-0.1	5:22	8:36	
4	Thu	6:27	5.6	7:46	4.8	1:41	0.5	2:33	-0.1	5:22	8:36	
5	Fri	7:10	5.5	8:22	5.0	2:26	0.5	3:11	-0.1	5:23	8:35	
6	Sat	7:58	5.3	9:04	5.2	3:16	0.6	3:51	0.0	5:24	8:35	
7	Sun	8:52	5.1	9:54	5.3	4:14	0.7	4:36	0.0	5:24	8:35	
8	Mon	9:52	4.8	10:52	5.3	5:19	0.7	5:28	0.1	5:25	8:34	
9	Tue	11:08	4.5	11:57	5.4	6:29	0.7	6:29	0.2	5:26	8:34	
10	Wed			12:31	4.3	7:36	0.6	7:33	0.2	5:26	8:33	
11	Thu	1:02	5.5	1:42	4.3	8:40	0.3	8:37	0.2	5:27	8:33	
12	Fri	2:04	5.6	2:43	4.4	9:40	0.0	9:37	0.0	5:28	8:32	
13	Sat	3:01	5.7	3:40	4.6	10:36	-0.3	10:34	-0.1	5:29	8:32	
14	Sun	3:54	5.8	4:33	4.7	11:28	-0.5	11:28	-0.2	5:30	8:31	
15	Mon	4:46	5.8	5:25	4.8			12:18	-0.7	5:30	8:31	
16	Tue	5:36	5.7	6:17	4.8	12:20	-0.3	1:05	-0.7	5:31	8:30	
17	Wed	6:28	5.5	7:10	4.8	1:11	-0.2	1:51	-0.7	5:32	8:29	
18	Thu	7:21	5.3	8:04	4.9	2:01	-0.1	2:37	-0.6	5:33	8:29	
19	Fri	8:14	5.1	8:56	4.9	2:52	0.0	3:21	-0.4	5:34	8:28	
20	Sat	9:09	4.9	9:48	4.9	3:44	0.2	4:05	-0.3	5:35	8:27	
21	Sun	10:03	4.6	10:40	4.9	4:38	0.3	4:50	-0.1	5:36	8:26	
22	Mon	10:58	4.4	11:31	4.9	5:34	0.4	5:36	0.1	5:37	8:25	
23	Tue	11:54	4.2			6:30	0.5	6:24	0.2	5:38	8:24	
24	Wed	12:24	4.9	12:50	4.1	7:27	0.4	7:14	0.3	5:39	8:23	
25	Thu	1:16	5.0	1:45	4.1	8:22	0.2	8:05	0.4	5:40	8:23	
26	Fri	2:06	5.0	2:38	4.2	9:14	0.0	8:55	0.3	5:41	8:22	
27	Sat	2:52	5.1	3:26	4.2	10:02	-0.2	9:44	0.2	5:42	8:21	
28	Sun	3:34	5.2	4:10	4.3	10:47	-0.3	10:31	0.1	5:43	8:19	
29	Mon	4:12	5.2	4:51	4.4	11:30	-0.4	11:16	0.1	5:44	8:18	
30	Tue	4:45	5.2	5:29	4.5			12:10	-0.5	5:45	8:17	
31	Wed	5:14	5.2	6:04	4.6	12:01	0.0	12:49	-0.5	5:46	8:16	